

E10

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The views expressed in this programme are those of the writers and not necessarily those of Leyton Orient Football Club, its board of directors or the editors.

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'THERE'S ONLY ONE WAY TO START AND THAT'S BY WISHING EVERYONE A HAPPY CHRISTMAS'

A warm Christmas welcome to everyone here for this Boxing Day game against Swindon Town.

There really is only way I can start these notes and that's by wishing you all a very merry Christmas and a happy New Year.

Because of the earlier-than-normal print deadlines due to the holiday period, I have had to put these notes together a little earlier than usual and so, I thought it would be an ideal opportunity to reflect on the season so far.

Looking at our first 20 League games, you have to say that, overall, it was disappointing. You all know by now that I like to break the season up into blocks of five matches and the statistics make stark reading.

We started off well enough when we picked up eight points from the first five games, but then we went into freefall.

Our second set of five matches earned us just one point, and we followed up by taking just four more from the next five-match sequence.

BOUNCED BACK

We bounced back and took eight points from the last set of five and I think that sort of inconsistency encapsulates our season to date.

The first and last block of matches, where we took eight points, is normally regarded as a good enough points return to make the play-offs, but the second and third blocks were massively disappointing and were relegation form, pure and simple.

It's that inconsistency that has been such a big problem and we must find a solution to it if we are going to continue our year-on-year progress.

As a manager, it's a major frustration that we can produce the form needed to make the play-offs for a spell, but then we go to the other extreme and produce a sequence of results that would end with us being relegated!

Realistically, I believe we're somewhere between the two and know that we have the players here who are good enough to avoid being dragged into the relegation mire.

But, make no mistake, there can be no hiding from the fact that we're in a relegation dogfight at the moment and we need to put together another good run to try and get into the middle eight.

Quite simply, we should be doing better than we currently are and, hopefully, in the second half of the season, we can start to climb the table.

STUMBLING BLOCKS

One of the stumbling blocks so far this season has been a lack of goals. If you look at the goals against column, at the time of writing, we have conceded fewer goals than anyone in the bottom half and I'm quite happy with that.

Unfortunately, we need to improve upon our goal tally and that's something we will be working hard on during the second half of the season and with the January transfer window opening soon, we will assess what options are open to us.

Finally, I'd like to finish back where I started, by wishing everyone a happy Christmas. Our supporters have been excellent throughout the difficult times this season and I would ask you all to stick with us and really get behind the lads as we look towards a successful 2009.

Keep the faith.

Martin Ling in conversation with Trevor Davies

Question of the week...

Question: The transfer window opens soon. As a manager do you like the system?

ML: "If I'm honest, I would have to say that I don't really like the window and I don't think it's a good thing for lower league clubs.

"I don't really see a need for it when you run off such a small squad like we do here at Orient.

"Of course, we can still take advantage of the loan system to help paper over the cracks between the windows, and that's all it really does. So far this season I have already brought in six players on loan, four forwards and two central defenders and if there was no transfer window, I'm sure we would not have needed to bring in so many players.

"Rather than bringing in four forwards to cover the gaps, it would have been more beneficial to try and sign a striker on a

permanent basis and cure the problem once and for all.

"When you bring in so many loan players it doesn't allow you the opportunity of having a settled squad. We have used six already and if we use as many again in the second half of the season, it will mean would have had a total of 12 and it shakes the squad up.

"Overall, I believe it's not a good system and I don't know why it was introduced for clubs at our level."

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'...IT WOULD BE GREAT IF WE COULD CAUSE AN UPSET AND TAKE OUR INVOLVEMENT INTO THE FOURTH ROUND.'

WELCOME back to Brisbane Road for this afternoon's game against Swindon Town as we look to rediscover the winning touch at home following the disappointment of defeat to Cheltenham Town.

The only way to start these notes is to wish you all a merry Christmas and a happy New Year – let's hope we can bring some Christmas cheer with three points today!

The Christmas period promises to be an important one for us. We follow today's game with a trip to Colchester United on Sunday and these are two matches against teams in and around us in the table.

We missed out on the chance to build a big gap between Cheltenham and ourselves when we lost to the Robins in our last home fixture and we can't afford to drop points to other teams in the same situation as us again.

Our recovery throughout November was impressive, lifting us out of the bottom four

and allowing us to look further ahead and into mid-table. We don't want to lose the momentum gained throughout that period and a healthy points return over Christmas would give us a huge boost as we move into the New Year.

It's not just League action over the holiday period though. We return here on Saturday January 3 when Sheffield United come visiting.

It may not be the trip to one of the Premier League's big four that we hoped for, but it is still a game against one of the Championship's top clubs and it promises to be a cracking match.

Everyone knows about the financial benefits of a good FA Cup run and it would be great if we could cause an upset and take our involvement into the fourth round.

So, it promises to be a busy time for us all over Christmas and the New Year and, with League points to play for, as well as cup progress at stake, it could be a pivotal point in our season.

The first half of the season has left us in a disappointing League position, but we showed towards the end of the year that we are capable of pushing up the table and everyone is focused on making that happen over the next few months.

The club launched our Adopt a Player scheme ahead of the recent game against Cheltenham. The players visited local schools in the week before the game, with pupils then coming to the match against the Robins.

We've had some very positive feedback and I know both the schools and the players are looking forward to making return visits in the New Year.

We need to encourage the next generation of O's fans and I believe this is an exciting way of doing this.

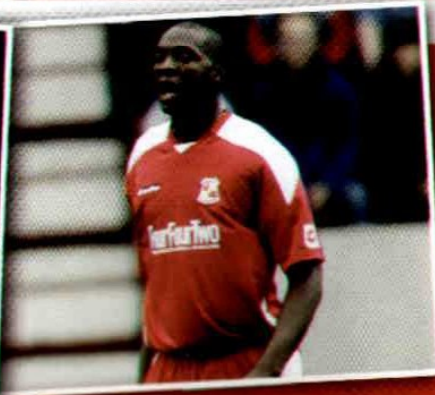
Please get behind the lads today and help them end 2008 on a high.

**Up the O's
Barry Hearn**



The Facts...

- ONE of the club's greatest achievements was when they lifted the League Cup in 1969, by beating Arsenal at Wembley. League Cup success earned the club its first invitation to European competitions, but they were not eligible to participate because they played in the then Third Division. So, as compensation, they were entered into the 1969 Anglo-Italian League Cup and the 1970 Anglo-Italian Cup, and won both.
- Swindon Town won promotion during the 1993/94 season to the Premiership, the only time the club has played in the top level of English football. Swindon were also the first team to win promotion to the Premiership via the play-offs, beating Leicester City.
- The highest attendance at the County Ground of 32,000 was recorded on 15 January 1972 in a FA Cup Third Round replay match against Arsenal. The capacity of the ground is now 15,728 so it is unlikely that this record will be broken in the foreseeable future.





SWINDON TOWN

SWINDON TOWN will arrive here today with a new manager at the helm.

Following the departure of boss Maurice Malpas, the long-running saga to find a replacement had not been resolved by the time the programme went to press because of early Christmas printing schedules, but Swindon were expected to unveil their man before last Saturday's League One clash with Yeovil.

If that happened, then the new man will be in charge for this afternoon's encounter and it's a game that both sides need to win to ease their relegation worries.

Before last weekend's game with Yeovil, the Robins had gone nine matches in all competitions without a win, and that had seen them slip down the League One table.

DISAPPOINTING

All in all, it's been a disappointing season so far for Swindon, who kicked off the campaign full of optimism with a 3-1 home success against Tranmere Rovers.

However, the Robins lost their next three games, as they went out of the Carling Cup 3-2 at home to Queens Park Rangers before suffering successive League One defeats against Cheltenham Town and Colchester.

Swindon bounced back with a win against MK Dons at the end of August and September started well enough for Malpas, as his side beat Aldershot Town in the Johnstone's Paint Trophy after a penalty shoot-out.

But, that was their only win of the month as they picked up just

two points from their next four games as they drew at Hereford United, lost at home to Leeds, drew at Stockport County and then suffered another home reverse, at the hands of Millwall.

DROPPED

That result dropped Swindon down into 17th position and October did not start too brightly either for the Robins, as they drew at Hartlepool and then suffered their fifth successive home reverse, going down 3-1 to Huddersfield Town. That was followed by a defeat at Southend, which dropped them down to 20th.

They did manage a Johnstone's Paint Trophy win at Hereford, and it looked as if they had started to turn the corner. They ended their dismal home record with a 2-1 win against Northampton, and followed it up with another County Ground success against Oldham.

Swindon then drew at Scunthorpe to climb into 17th position, but then the Robins crashed out of the FA Cup at non-league Histon before bowing out of the Johnstone's Paint Trophy at Brighton a few days later - and that signalled the end of Malpas, as Swindon parted company with the manager on Friday November 14.

Assistant David Byrne took charge for the game against Leicester, which Swindon drew 2-2, the first of three identical results as they took points against Bristol Rovers (away) and Peterborough at home.

But a 2-1 defeat at Walsall, a 1-1 draw with Carlisle and a 1-0 reverse at Crewe left them still seeking their first success under Byrne as the search for a successor to Malpas dragged on.



THE DEFENCE...

PHIL SMITH

Born: 14.12.1979
08/09 apps: 16
Goals: 0



Harrow-born goalkeeper Phil Smith was a July 2006 signing from Blue Square Premier side Crawley Town. He began his career with Millwall, but was released in 2001 and dropped into non-league. Stints with Folkestone Invicta, Dover Athletic, Margate and Crawley followed before Swindon took him back into the League.

JACK SMITH

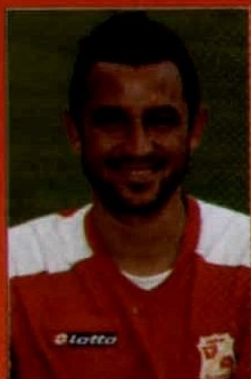
Born: 14.10.1983
08/09 apps: 25
Goals: 3



Versatile defender Jack Smith is in his fourth season as a Swindon Town player following his July 2005 transfer from Watford. Jack has featured at right back, left back and in midfield for the Robins and he has been a regular fixture in their side, playing 135 games since arriving.

HASNEY ALJOFREE

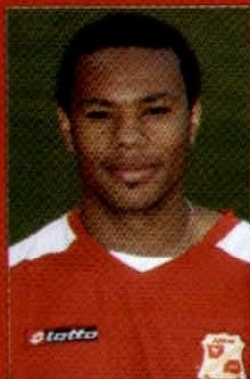
Born: 11.07.1978
08/09 apps: 19
Goals: 0



Manchester-born centre half Hasney is a dependable stopper who adds experience to the backline. A former Bolton Wanderers, Dundee United and Plymouth Argyle player, he signed for Swindon in 2007 from the Pilgrims and immediately established himself in the Robins side.

JEREL IFIL

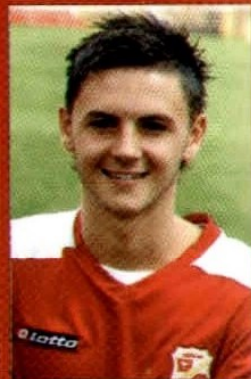
Born: 27.06.1982
08/09 apps: 11
Goals: 2



26-year-old Londoner Jerel Ifil is another Swindon defender to make the move from Watford, having signed for the Robins in July 2004. Prior to his £70,000 permanent transfer, he had three loan spells at Swindon between 2002 and 2004 and he has now played over 200 games for the club.

CALLUM KENNEDY

Born: 06.01.1989
08/09 apps: 2
Goals: 0

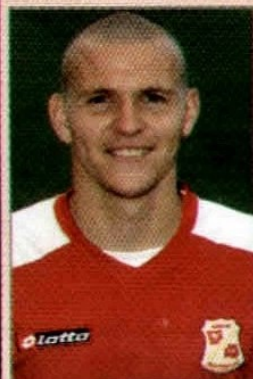


Young left back Callum Kennedy was given his first taste of senior football by then Swindon boss Paul Sturrock in a 2007 Johnstone's Paint Trophy victory over Brentford. He has gone on to make his first League appearances this term and started in the recent defeat at Crewe Alexandra.

THE MIDFIELD...

JON-PAUL MCGOVERN

Born: 03.10.1980
08/09 apps: 20
Goals: 1



Jon-Paul McGovern, a lively winger who can also operate through the middle, joined Swindon from MK Dons at the start of the 2007/08 season. Glasgow-born, he started off with Celtic, but left Parkhead without making an appearance and has since featured for Sheffield United, Livingston and Sheffield Wednesday.

MICHAEL POOK

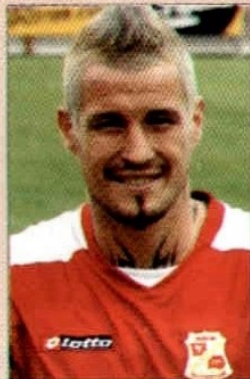
Born: 24.06.1986
08/09 apps: 12
Goals: 0



Swindon-born midfielder Michael Pook came through the ranks at the County Ground to make his first team debut at Boston United in September 2003. He has made a steady progression with the Robins and played his part in the 2006/07 promotion season. He now has over 100 senior appearances to his name.

LEE PEACOCK

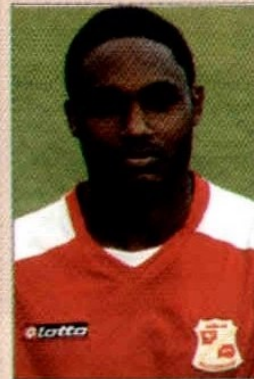
Born: 09.10.1976
08/09 apps: 22
Goals: 1



Experienced midfielder Lee Peacock signed for Swindon on a free transfer from Sheffield Wednesday in January 2006. Made his name as a striker at Carlisle, Mansfield, Manchester City and Bristol City and has scored 119 career League goals, but now operates in a deeper, midfield role.

ANTHONY MCNAMEE

Born: 13.07.1984
08/09 apps: 23
Goals: 0



Anthony made the move west from Watford for an undisclosed fee in January 2008. A quick, tricky winger, Anthony helped the Hornets to promotion to the Premier League in 2006 but fell down the pecking order at Vicarage Road and signed for Swindon, where he has scored twice in 42 appearances.

CRAIG EASTON

Born: 26.02.1979
08/09 apps: 17
Goals: 2



29-year-old Scotsman Craig makes his second return to Brisbane Road this afternoon following his 2007 transfer from the O's to Swindon. A member of Orient's 2005/06 promotion side, the former Dundee United and Livingston man made 81 appearances for the O's before deciding to head to the County Ground.

PATRICK KANYUKA

Born: 19.07.1987
08/09 apps: 8
Goals: 1



Former O's trainee Pat Kanyuka signed for Swindon Town on a free transfer in January 2008 following his release by Queens Park Rangers. The Congolese defender played 12 Championship games for the R's before joining Swindon, but niggling injuries disrupted his first season in Wiltshire.

ALSO IN THE SQUAD...

Slovakian goalkeeper Peter Brezovan has been with the club since making a summer 2006 move from Czech side FC Brno. Standing 6'7" tall, Peter is an imposing figure between the posts and has made seven League appearances this term. 17-year-old stopper Mark Scott provides further backup for the number one position.

In defence, Jamie Vincent once cost Portsmouth a £800,000 transfer fee when signing from Huddersfield Town. The 33-year-old joined Swindon in the summer of 2006 and has played 66 League games for the club, but has been hampered by injury this term. Former Bristol City and Yeovil man Kevin Amankwaah signed for Swindon in June 2008 from Swansea City and he gives the Robins another defensive option, as does youngster Sean Morrison, who has already made 11 League appearances at the age of 17. Kasali Casal came to Swindon on a two-year deal from Dutch side Cambuur before the start of this season.

Veteran midfielder Lilian Nalis was another close season arrival as he made the switch from Plymouth. A 37-year-old Frenchman, Nalis has played for the likes of Bastia, Chievo Verona, Leicester and Sheffield United. Mark Marshall, 22, left non-league Eastleigh to sign for Swindon in the summer of 2008, while Chris Allen made eight first team appearances last term. 19-year-old striker Ben Joyce completes the Robins squad.

THE MANAGER...

DAVID BYRNE

Born: 05.06.1961

Appointed: Caretaker manager

Hammersmith-born David Byrne took over the role of caretaker manager at Swindon Town in November after Maurice Malpas left the club.

A winger who began his career with Gillingham, David also played for Millwall, Plymouth Argyle and Watford before moving north of the border with St Johnstone. Spells with Partick Thistle, St Mirren, Ayr United and Albion Rovers followed before he moved into coaching.

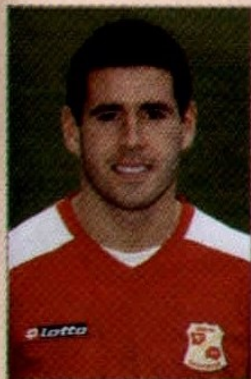
Byrne coached the Plymouth Argyle youth team for a stage and was later appointed Director of Football at Plymouth College of Further Education. He left this post in 2006 to become youth team manager at Swindon Town, moving up to assistant manager when Maurice Malpas took up the reigns.

Malpas departed on November 14 2008, with Byrne taking over first team duties on a temporary basis.



MICHAEL TIMLIN

Born: 19.03.1985
08/09 apps: 23
Goals: 0

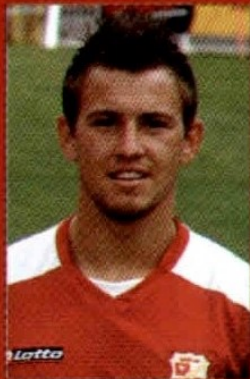


London-born midfielder Michael started his career at Fulham, where he made four appearances for the Cottagers - including the 2-1 FA Cup defeat to the O's in 2006. He enjoyed two loan spells with Swindon before signing permanently in May 2008 and he has been a regular in the Robins engine room this term.

THE ATTACK...

SIMON COX

Born: 24.07.1987
08/09 apps: 24
Goals: 16



Former Reading striker Simon Cox comes to £10 today as one of the division's leading scorers, having bagged 16 goals in 24 games this term. He started his career at the Madjeski Stadium and signed for the Robins for a £200,000 fee in January 2008 after impressing in a four-month loan spell.

BLAIR STURROCK

Born: 25.08.1981
08/09 apps: 7
Goals: 0



Scottish striker Blair signed for Swindon in December 2006, linking up with father Paul after also playing under him at Dundee United and Plymouth Argyle. A 27-year-old striker, Blair was loaned to League Two side AFC Bournemouth, but has returned to the Robins squad in recent weeks. "5 for AFC Bournemouth

BARRY CORR

Born: 02.04.1985
08/09 apps: 11
Goals: 2



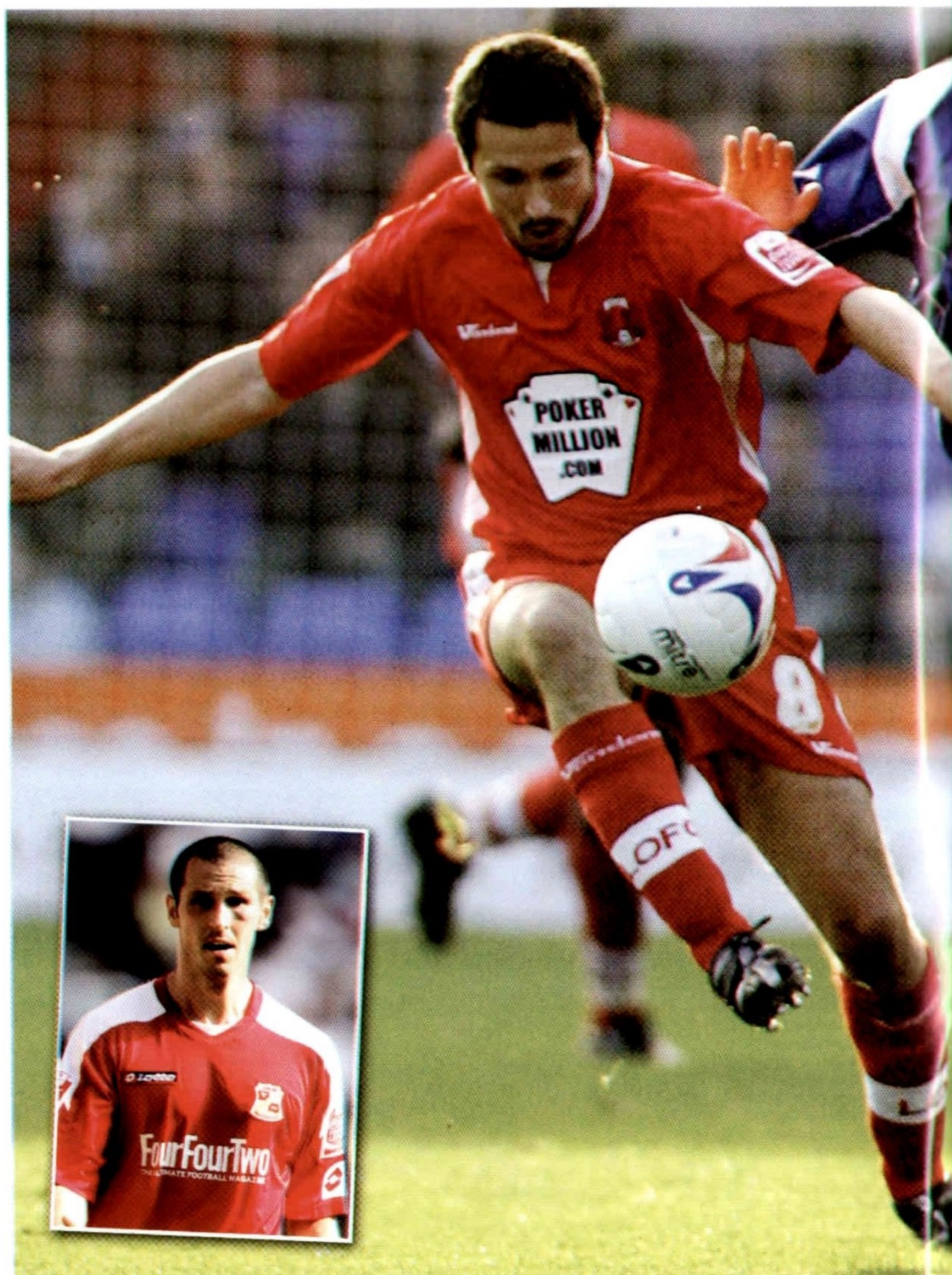
Barry Corr joined Swindon in June 2007 after impressing whilst on loan from Sheffield Wednesday during the 2006/07 season. An industrious frontman with a 6'5" frame, Irishman Barry didn't make the breakthrough at Hillsborough and will look to make more of an impact in Wiltshire.

BILLY PAYNTER

Born: 13.07.1984
08/09 apps: 25
Goals: 6



24-year-old striker Billy Paynter misses this afternoon's meeting with the O's through suspension after being sent off in the recent loss at Crewe. Billy began his career at Port Vale and earned a January 2006 move to Hull City. He signed for Southend six months later and arrived at Swindon for an undisclosed fee in August 2007.





THIS afternoon's crunch Boxing Day match between Swindon and the O's will carry special significance for Robins midfielder Craig Easton.

The 29-year-old Scotsman moved south of the border to join the O's from Livingston in 2005 and helped Martin Ling's men win promotion from League One in his first season in English football.

Easton also played a key role as Orient kept their place in the higher division but opted to leave for Wiltshire at the end of that campaign.

Bellshill-born Easton has played 18 games for Swindon this term and he is determined to help them start to move away from the relegation zone with three points at Brisbane Road this afternoon.

We caught up with the former O's man earlier this week.

Last week's defeat to Yeovil left Swindon just above the relegation zone - how important is today's game for both teams?

It's a massive one really. We've been disappointed with how this season has gone so far and we need to climb away from the position we're in. After last year, finishing mid table in our first season back in League One, we really felt we could kick on, but we started the season poorly and haven't got going.

The division is so tight that a couple of wins would lift you up into mid-table, but we need to do that sooner rather than later and it would be great if we could get a run going by picking up a result today.

This will be your second return to Brisbane Road since your move to Swindon, are you looking forward to it?

Yes, you always look forward to going back to your old clubs and today will be no different. I have very fond memories of my time at Orient and it will go down as a special time in my career.

We won promotion in my first season, had that FA Cup run and then stayed up in League One and I made many friends at the club, so it will be good to go back and see them too.

Swindon have been without a permanent manager since Maurice Malpas left the club in November - has the fact it's taken so long to find a replacement been a hindrance?

I don't think it has helped, but we can't use that as an excuse for the reason we've gone a while without a win. It's always an uncertain time when a club is looking for a manager, but, as players, we've all got jobs to do and the results show we haven't done that well enough.

What sort of test are you expecting from the O's?

A tough one. Martin Ling and Dean Smith will have them well organised and playing good football and they've been on a good run recently, except for the defeat to Cheltenham. So I'm sure they will have a bit of confidence behind them and it is a big game because they're in the same position as us.

Both teams would have expected better from this season and will be hoping for better in the New Year, and if we perform to our best I'm sure we can go home with a result today.

Will you be speaking to any of the O's players before the game?

I don't know about that - but if I do, I certainly won't be giving anything away!

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MANAGERIAL RECORDS

Martin Ling

Played 240 Won 83 Drawn 73 Lost 84
For 297 Against 331
Av Pts/game 1.34
Biggest Win(s) L Orient 5 Rushden &
D'monds 1 (26/12/2005).
Biggest Loss(es) Doncaster 5
L Orient 0 (10/01/2004).

Maurice Malpas

Played 42 Won 12 Drawn 13 Lost 17
For 60 Against 61
Av Pts/game 1.17
Biggest Win(s) Swindon 6 Port Vale 0
(19/04/2008). Biggest Loss(es)
Swindon 0 Walsall 3 (23/02/2008).

MANAGER HEAD TO HEAD RECORD

Played ...1 Martin Ling1 Maurice Malpas0
Goals 2 Goals 1

Player with the most...

shots

Adam
Boyd 45

shots on target

Adam
Boyd 19

shots off target

Adam
Boyd 26

assists

Sean
Thornton 3

crosses

Jason
Demetriou 74

fouls

Adam
Chambers 34

free-kicks-won

John
Melligan 34



Player with the most...

shots

Simon
Cox 52

shots on target

Simon
Cox 24

shots off target

Simon
Cox 28

assists

Billy
Paynter 4

crosses

Anthony
McNamee 48

fouls

Billy
Paynter 30

free-kicks-won

Billy
Paynter 36

GAMES SINCE

2	a win	9
2	a home win	3
1	an away win	7
0	a defeat	0
0	a home defeat	5
6	an away defeat	0
1	a score draw	1
4	a no score draw	45
0	conceding a goal	0
0	scoring a goal	1
0	conceding > 1	2
2	scoring > 1	3
3	keeping a clean sheet	9
4	failing to score	0
2	back to back wins	9
10	back to back defeats	6
1	gaining a point	1
0	losing a point	0
5	win by > one	9
15	loss by > one	6

SHARP SHOOTERS

L Orient	CCFL Cup	Tot	Swindon	CCFL Cup	Tot
Adam Boyd	7	3	10	Simon Cox	13
Sam Parkin	3	0	3	Billy Paynter	5
John Melligan	2	1	3	Jack Smith	3

TEAM HEAD TO HEAD RECORD

Played ...22 L Orient wins6 Swindon wins9
Goals 17 (0.8 per game) Goals 35 (1.6 per game)
Draws7 Times failed to score 9 Times failed to score 7
0-0's3

Biggest League win at L Orient for each team:
28/03/1964 & 11/03/2008 L Orient 2-1 Swindon
19/12/1964 L Orient 0-3 Swindon



2008/09 LEAGUE STATS



18	Position	19
20	Played	20
5	Won	4
6	Drawn	8
9	Lost	8
16	Goals For	30
25	Goals Against	36
21	Points	20



Record Against Top Half of Table

W	D	L	RANK	W	D	L	RANK
2	2	7	17	3	4	5	6

Record Against Bottom Half of Table

W	D	L	RANK	W	D	L	RANK
3	4	2	18	1	4	3	24

Record When Scoring First

W	D	L	RANK	W	D	L	RANK
4	0	2	22	4	5	0	15

Record When Conceding First

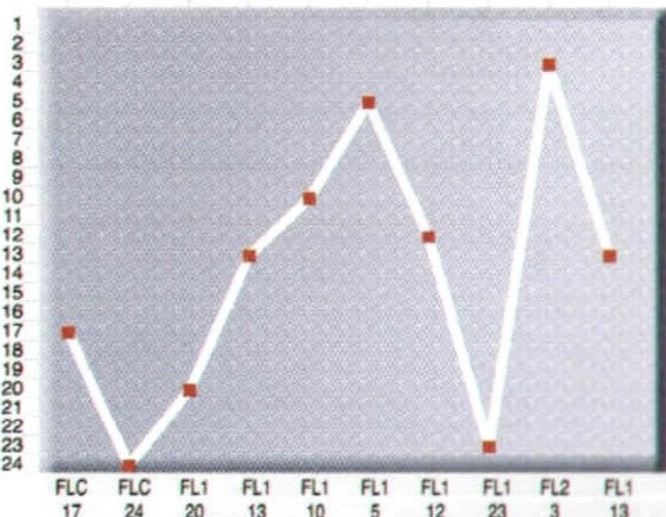
W	D	L	RANK	W	D	L	RANK
1	2	7	15	0	3	8	20

Match Scores

Wins: 1-0[2], 2-0[2], 2-1[1], Losses: 0-1[1], 0-3[3], 1-2[4], 1-3[1], Draws: 0-0[4], 1-1[1], 2-2[1]
Wins: 2-0[1], 2-1[2], 3-1[1], Losses: 0-1[1], 0-2[1], 1-2[3], 1-3[3], Draws: 1-1[3], 2-2[3], 3-3[2]

SWINDON - TEN SEASON RECORD

98/99 99/00 00/01 01/02 02/03 03/04 04/05 05/06 06/07 07/08



*up to and including 18/12/2008



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Ipswich Norwich Road IP1 4BP.....01473 745577	Bishop's Stortford Northgate End CM23 2ET.....01279 653365
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Buckhurst Hill Epping New Rd IG9 5TZ.....020 8504 1171	



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Chadwell Heath High Road RM6 6EE.....020 8983 8588	St. Albans Lyon Way, AL4 0GU.....01727 811811
Buckhurst Hill Epping New Rd IG9 5TZ.....020 8504 1171	Bishop's Stortford Northgate End CM23 2ET.....01279 653365
Chelmsford Bilton Road, CM1 2UP.....01245 355550	Ipswich Norwich Road IP1 4BP.....01473 745577



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†Finance is available subject to status (over 18's only) A guarantee may be required. Written quotations available on request. All offers correct at time of going to print & are subject to manufacturer campaign changes without prior notice. Savings are based against MRSP.
Please note models are for illustration purposes only. Calls may be monitored to ensure quality of service.

A full-page photograph of a football player in a red kit with white accents, running towards the camera. He is wearing a captain's armband on his left arm. The background is a blurred stadium scene.

**IN
FOCUS**

Robins End Unbeaten Run

Leyton Orient 1 - 2 Cheltenham Town, Saturday December 13 2008

IN FOCUS

LEYTON ORIENT 1 CHELTENHAM TOWN 2

Coca-Cola League One, Brisbane Road
Saturday December 13 2008

LEYTON ORIENT

- 1 Glenn Morris
- 2 Stephen Purches
- 3 Danny Granville
- 4 Alton Thelwell
- 5 Tamika Mkandawire
- 7 JJ Melligan
- 8 Adam Chambers
- 10 Sean Thornton
- 11 Dean Morgan
- 18 Adam Boyd
- 27 Sam Parkin

Subs:

- 6 Brian Saah
- 12 Jamie Jones (GK)
- 17 Paul Terry
- 23 Ryan Jarvis for Granville (80)
- 28 Jordan Spence

Goal: Boyd pen 33

CHELTENHAM TOWN

- 12 Scott P Brown
- 16 Alex Russell
- 18 Ashley Vincent
- 19 Lee Ridley
- 20 Andy Gallinagh
- 24 Barry Hayles
- 26 Scott Murray
- 29 Drissa Diallo
- 31 Josh Payne
- 35 Darren Kenton
- 38 Ian Westlake

Subs:

- 3 Alan Wright
- 17 Andy Lindegaard for Payne (77)
- 21 Will Puddy (GK)
- 27 Lloyd Owusu
- 39 Elvis Hammond for Hayles (81)

Goals: Hayles 4, Westlake 78

Booked: Vincent, Payne

Sent off: Vincent

Referee: Grant Hegley (Hertfordshire)

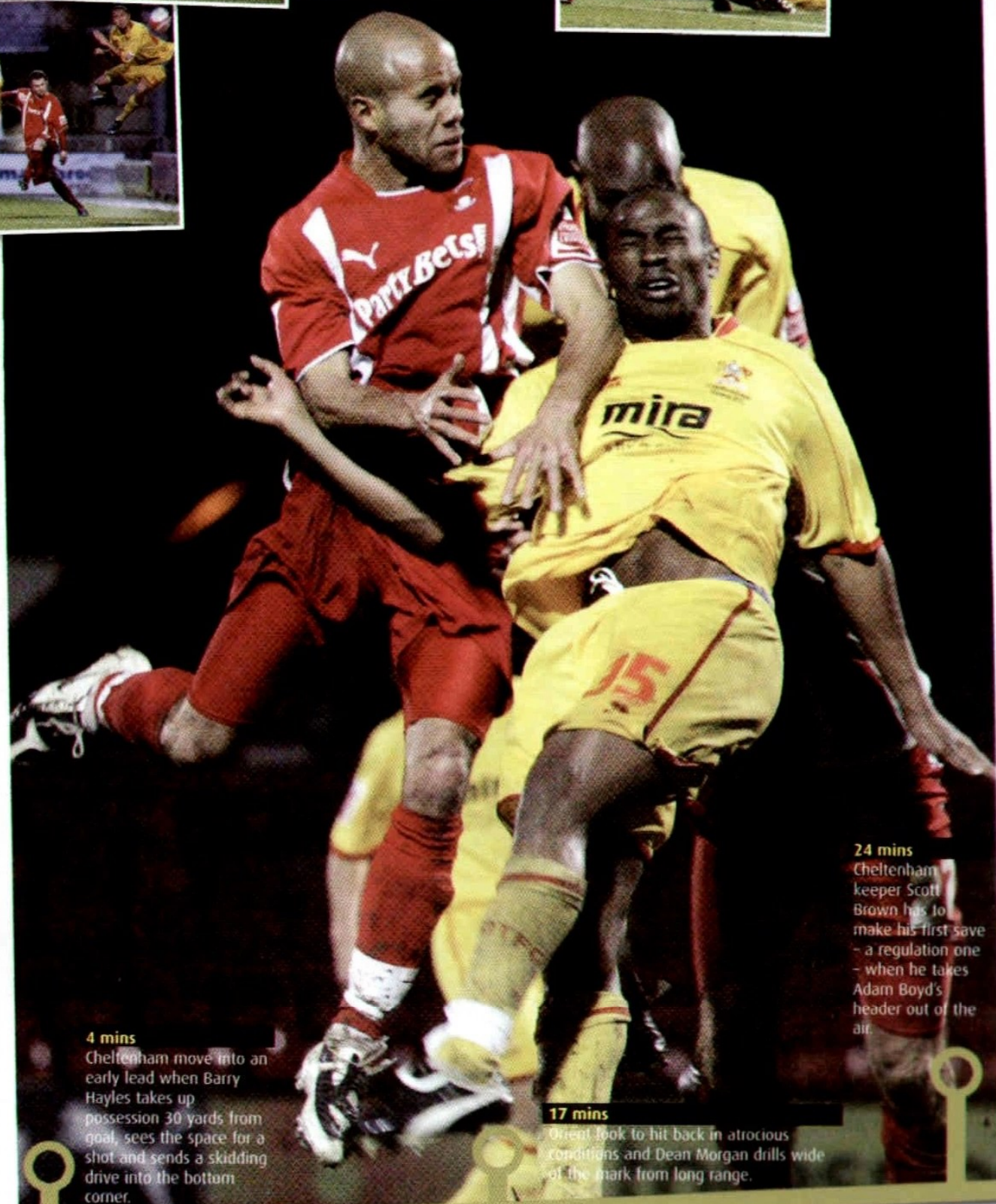
Attendance: 4,510 (254 away)

Martin Ling: "It was a good run with some excellent performances in there, but today wasn't one of them.

"It was poor from us - it wasn't good enough and we lacked professionalism. Our decision making was poor, we didn't play the conditions well and our forward play wasn't effective.

"We hit the bar a couple of times, but we allowed them to be quite comfortable and their keeper wasn't overworked."





4 mins

Cheltenham move into an early lead when Barry Hayles takes up possession 30 yards from goal, sees the space for a shot and sends a skidding drive into the bottom corner.

17 mins

Orient look to hit back in atrocious conditions and Dean Morgan drills wide of the mark from long range.

24 mins

Cheltenham keeper Scott Brown has to make his first save - a regulation one - when he takes Adam Boyd's header out of the air.

IN FOCUS

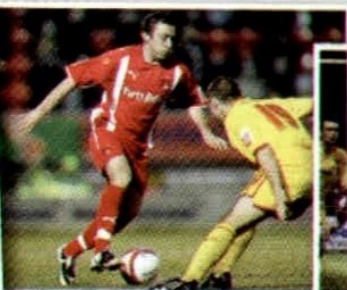


33 mins

The home side are given the perfect opportunity to level when Morgan is felled by Drissa Diallo inside the box. Boyd makes no mistake from 12 yards, finding the bottom left hand corner of Brown's goal.

46 mins

Boyd tries to catch Brown off his line, but sends his 35-yard chip wide of the mark with the Cheltenham keeper beaten.



70 mins

The Robins' task is made more onerous when Ashley Vincent is given his marching orders following his lunge on JJ Melligan, which referee Grant Healey deems worthy of a second yellow card.

78 mins

Cheltenham make a mockery of their handicap, though, re-taking the lead when midfielder Ian Westlake runs onto Hayles' pass inside the area and slides the ball across Glenn Morris and into the far corner.

86 mins

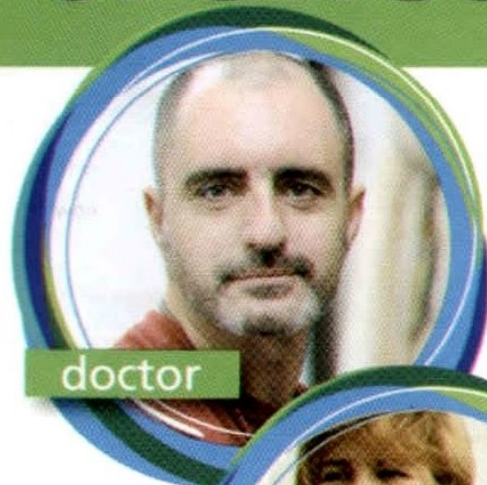
Orient enjoy a near-monopoly on possession in the closing stages and the closest they come to an equaliser is when Boyd heads JJ Melligan's cross against the bar.

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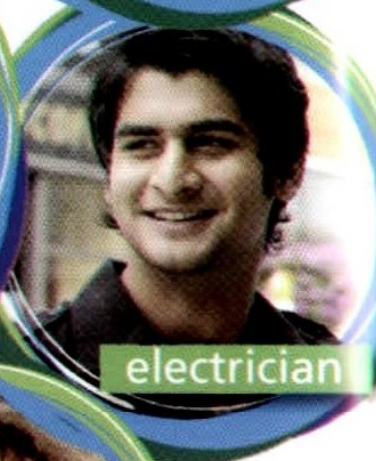
doctor



mother



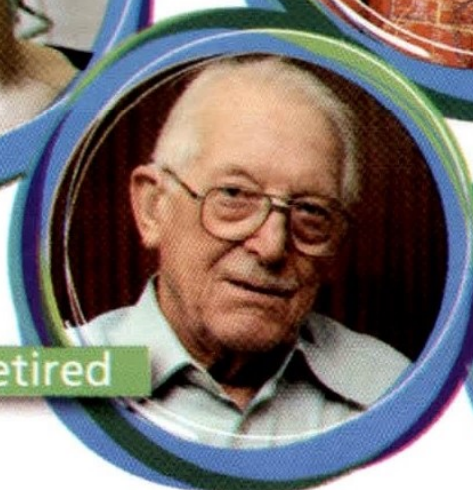
refuse collector



electrician



job seeker



retired



receptionist

'...THIS TIME OF YEAR MEANS ONE THING IN THE WORLD OF STAND-UP COMEDY. THE OFFICE PARTY.'

NO MATTER how deep the recession, no matter how worried people are about the future, this time of year means one thing in the world of stand-up comedy. The office party.

Over the last month I've done enough of them to last me a lifetime. Black-tie clad lawyers at the Café Royal, designer scruffs from the world of advertising in trendy city bistros, suited and booted builders in south London clubs.

They all have one aim in common. To forget the troubles of the global economy for just one night, fill their faces with microwaved turkey and chipolatas, and then get blathered on the dance floor.

If we are lucky, comedians get to entertain them just after the food, and before the booze makes them completely incapable of doing anything other than ramble incoherently, whilst trying to balance a tray of champagne flutes on their foreheads.

This year has been trickier than usual. A

lot of firms have cut back. Companies that had their 'dos' at large West End hotels last year, complete with silver service and free flowing champagne, have convened this year in wine bars, with a fifty quid tab behind the jump, and pay for your own drinks once it runs out.

Buffets have taken the place of sit down meals, free bars are a thing of the past, and parties that went on till the early hours, with account taxis lined up outside, now finish in time for people to get the last tube home.

Of course, some things never change. Young Ryan from sales still thinks it's hilarious to arrive dressed as an elf, Mr Jones from accounts, who has sat quietly at his desk all year, suddenly develops a penchant for Elvis and gyrates like a Vegas show-girl at the karaoke, and Michelle, the demure girl from reception, discovers the joys of slammers, and winds up in the ladies with the girls from human resources holding her hair!

It's the same whatever business you are in. I bet rocket scientists have a big bash

in December where the lads from nuclear fission dress up as hookers and the gals from advanced biometrics totter about in high heels wearing rudolph antlers.

And then, in the New Year comes that awful morning, when you have to go back into work, trying to remember who you were snogging after your sixth Bacardi Breezer, and desperately hoping it wasn't the boss.

It must be trickier for footballers. They tend to have their Xmas parties either early in December before the tricky holiday fixtures, or at the end of January after the cup games.

As for stand-up comedians... well we don't really have a works party, we're too busy doing other peoples.

The height of pleasure for us, is closing the front door on the 24th and knowing we don't have to see another party popper or streamer until New Year's Eve.

Merry Christmas!





'WE DON'T WANT TO BE WHERE WE ARE NOW AT THE END OF THE SEASON'

WELCOME back to Brisbane Road for today's game against Swindon Town. On behalf of all the players, I'd like to take this opportunity of wishing all our supporters a very merry Christmas and a happy New Year.

It's a busy time with the games coming thick and fast, so it seems the perfect time to look back at the season to date and see where it will take us in the New Year.

I suppose the one thing that hits you is that we have struggled to find any sort of consistency so far and have been very much up and down.

We started well enough, then had an awful run going 10 games without a win, before we bounced back and went seven unbeaten before the recent defeat by Cheltenham Town.

Looking at the League table, there are a lot of teams in a similar position to us and apart from the sides at the top, everyone else is in the same boat.

I think we have learned a little more about ourselves this season. During our disappointing run, we knew what was going wrong and did our best to sort it out. We didn't shirk away from the challenge as we tried to put it right.

STRUGGLING

Sometimes, when you are struggling, you don't get the rub of the green, things go against you, and our confidence was really put to the test.

But we showed a lot of character to turn things around. It's strange how things go, there were times during our poor run when we were playing better than we had done at the start of the season, but we just weren't picking up the results.

If you're looking for some high spots for the first half of the season, it has to be the recent seven-match unbeaten run.

At Crewe we showed what we were about and there were spells when the home side didn't really get a kick as we were so much in control.

Then, at Huddersfield, we showed the other side of the game, when we had a couple of chances, put one of them away and then put our bodies on the line to protect our lead. They were two very different types of performances.

UPSETTING

As for disappointments, I wish we had a better home record, having only won twice here this season is upsetting, even though we have played most of the top teams.

Although, it seems to be something of a trend at the moment. I'm not comparing us with Liverpool or Chelsea, but they have had problems winning at home this season too.

We have picked up more points away from home and it's something that a lot of sides have experienced.

If I had to pick out one side that impressed me in the first half of the campaign, it would be Peterborough United.

Everything they did when we played them was good. They looked sharp and really taught us a lesson that we won't forget.

They have come into the league this season and are really buzzing. They were the better team on the day when we played them and I would expect them to do well.

CURRENT

Looking ahead, we're not comfortable in our current league position and the rule of thought is that we will be trying to climb as high as we can during the New Year and aim to embark on a similar run to the one we started in November.

We certainly don't want to be where we are now at the end of the season, so the aim is to dig in and go for it.

Stephen Purches in conversation with Trevor Davies

Question of the week...

Question: While most of the country are enjoying a Christmas break, what's it like having to cope with a busy playing schedule and training on Christmas Day?

SP: "It's something you get used to and it's a price well worth paying as a professional footballer.

"I have been at some clubs

where players are pleased to get out of the house for a couple of hours on Christmas Day! But, we normally only train for 90 minutes on Christmas Day and although some of the players don't like to leave the family, it's something you have to deal with.

"Obviously, it will be slightly different for me this year, as I have never had children before, although Ben is still too young to understand what it's all about. I suppose in a couple of years time it might be a little bit

more difficult to leave Jill and Ben and go training while they are still unwrapping their presents.

"On a positive note, it's the first Christmas I will be back home and will have people popping in, as last year we were still down in Bournemouth. The fixture list has also been kind to us, as there is very little travelling to do. In the past I have had trips to Carlisle during the Christmas period, this year the furthest we have to go is to Colchester!"

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RACING



GREG OWEN ON

GOLF

RAY PARLOUR ON

FOOTBALL



BARRY HEARN ON

BOXING

STEVE DAVIS ON

SNOOKER



NOMINATE YOUR FAN OF THE YEAR

The Football League has launched a nationwide search to find the 'EA SPORTS Fan of the Year' run in conjunction with BBC Radio Five Live, with the winner to be honoured at a spectacular gala dinner at the Grosvenor House on Park Lane on Sunday March 29 2009.

The Football League Awards are held in conjunction with FourFourTwo magazine and supporters are now being asked to put forward fellow fans for consideration for this award by submitting nominations via www.footballleagueawards.com.

Anybody who knows a fan who has gone above and beyond the call of duty, and shown extraordinary dedication to their club is encouraged to put their nomination forward, along with the reason why they feel their nominee should win this prestigious award. Voting closes on Wednesday January 14 2009.

The fourth annual Football League Awards event will recognise footballing excellence both on the field and behind the scenes - with clubs and players awarded alongside the fans. There will be 20 categories in total, including a range of football awards and industry specific honours.

The nominations for the Football League Fan of the Year Award will be judged by an expert panel, including representatives from The Football League, EA SPORTS and FourFourTwo.

The Football League's Commercial Director, Stewart Thomson said: "The Football League Awards has become an important fixture on The Football League calendar. Once again, this year's ceremony will present us with an opportunity to recognise the outstanding contributions made to The Football League by fans, players, clubs and sponsors alike.

"The Football League relies on the support of dedicated fans, and the awards are a fantastic way for us to identify and reward such loyalty, and hard work behind the scenes. I would encourage fans to put forward any individuals they believe should be in contention for the award, and give them a chance to receive the recognition they deserve."



MKANDAWIRE BACKS CHARITY EVENT

LEYTON ORIENT defender Tamika Mkandawire was on hand to support the Sue Ryder International Cup recently when he coached the Malawian side at the London tournament.

The Polish City Club stormed to victory overall, taking on Albania in the final at the David Beckham Academy in Greenwich, and going on to win 2-1 against a team of football legends including Ray Parlour, Kerry Dixon and Steve Sedgley.

14 teams took part in this first sell-out International Cup hosted by World Cup Winner Martin Peters MBE. 46 games were played over a three-hour period with Polish and Albanian teams being joined by the Czech Republic, Ireland and Malawi, and nine corporate teams including Anglo-Irish Bank, Microsoft and Aberdeen Asset Management.

Participants got the chance to bid for signed shirts from Petr Cech and Lukasz Fabianski and meet Sue Ryder Ambassador Mkandawire who coached the Malawian team.

The Cup raised much-needed funds to

support the work of Sue Ryder charities overseas with sponsorship from Coral, Toffs, Running Imp, Pilsner and CDL.

Mkandawire said: "I am proud to be an ambassador for Sue Ryder Care's international work. This is a cause that is close to my heart and this initiative will play a big role in improving the lives of disabled children and young adults in Malawi.

"Football is a uniting force throughout the world and the tournament organised by Sue Ryder Care this month is a great way to support this cause. I'm delighted to be involved in it."

Martina Cechova, who coached the Czech Team at the event remarked: "It is without hesitation that

I gave my support to the Sue Ryder International Cup. When I visited the Domov Sue Ryder in Prague I witnessed elderly people being cared for with great dignity. It's a quality of care that I dearly wish could be available to everyone who needs it. I am honoured to be associated with Sue Ryder International and invite you all to join me in supporting this special cause."

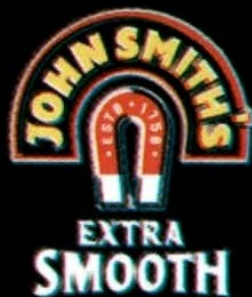
You can register your interest in the Sue Ryder International Cup 2009 by emailing international@sue Rydercare.org

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Theo's Gang



Hi Gang

Merry Christmas and welcome back to Brisbane Road for this afternoon's vital game against Swindon Town.

I hope you all had a great day yesterday and Santa delivered all the presents you asked for!

The best present, though, would be three points today as the boys look to make up for that disappointing defeat to Cheltenham.

That really was a missed opportunity for the lads as a win would have put nine points between us and the Robins, but it wasn't to be and we'll have to look to build another good run now.

I'm writing this before last weekend's trip to Oldham Athletic, but we were hopeful of getting a result there and giving ourselves a platform for today's game.

The lads are all disappointed that they haven't managed more wins here at Brisbane Road and what better way to put that right than by ending 2008 on a high with three points today?

Make as much noise as you can and cheer the lads on to victory – a win today would be massive.

See you in 2009!

THEO

Adopt A Player

HUNDREDS of young schoolchildren from Waltham Forest, Redbridge and Essex were in attendance at the recent game against Cheltenham to mark the end of the first week of the club's Adopt a Player scheme.

20 schools are taking part in the scheme, which sees two players from the first team squad assigned to each school to visit them several times throughout the year.

Each school held competitions in the run up to the game with the winners (pictured) providing a guard of honour for the players as they entered the pitch.

They were due to be involved in a penalty shootout at half time but unfortunately the adverse weather conditions meant that this was postponed.

Those pictured were the winners of a drawing or match report competition that were judged by the players during the visits to their adopted schools.

Youth Development Manager Ross Embleton said: "This was a huge success overall with hundreds of young people from the schools attending the Cheltenham game and we hope that many will return to future home fixtures."

"The adopt a player programme will continue and we hope that the 20 schools that have signed up will give us some productive feedback on how we can develop it further."



Competition winners from the Adopt a Player scheme at the home game against Cheltenham earlier this month.

Come on you O's!



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Good afternoon, Merry Christmas and welcome to the Matchroom Stadium for our fixture today against Swindon.

I'd like to extend thanks to our Matchball Sponsors Marshall Watson Consultants.

Marshall-Watson consultants was formed by two former Head Teachers and Ofsted inspectors, Andy Marshall and Brenda Watson, as a service to state and private schools offering them leadership and management support and advice.

Dozens of schools, colleges and local children's services in north and east London have benefited from their service in recent years. Contact Marshall-Watson@Lycos.com for further details.

I trust all our guests enjoy their day in the Olympic Suite today and fingers crossed for an exciting game with three points at the end!

LOFCSHOP.CO.UK

Our new online store has been up and running for six weeks now and I'm pleased to see that our trading levels have been excellent.

Along with the new products on offer, the actual site is receiving plaudits from supporters who are very happy with the new shopping experience you receive from purchasing goods online at lofcshop.co.uk.

We are only a few days away from our January sales so keep an eye on the website for some great bargains going into the New Year.

SOUTHEND HOSPITALITY

With the game now taking place in midweek why not try out our hospitality packages and save the hassle of getting home from work, cooking, cleaning then heading to the O's. Simply relax in our suite and get ready for the match ahead.

We have two packages available for the day. Firstly our Platinum package at £30 which includes...

- Car Parking at Spitalfields Market
- Welcome drink on arrival
- Three Course Meal
- Half a bottle of wine per person
- Half time and Full time refreshments

Secondly we are running our ever popular Pie, Pint and Programme package at £15 which includes...

- Private table
- Match programme
- One course pie and mash meal
- Complimentary beverage of your choice

Both offers exclude match tickets so if they are required we can discuss at the time of your booking.

GOALDEN GATE SUPERDRAW

Can I just say that we at Orient are extremely grateful to everyone so far that has joined the new Orient Superdraw!

We are receiving applications every day but need even more support so I'm hoping that as always we can rely on O's fans and season ticket holders to get behind the initiative.

Our grand prize (away from all that lovely money) is a game on the pitch at the end of the season. The draw for this prize will be made at the end of April so you have lots of time to get registered.

Bear in mind our next prize is for the 250th member, we are nearly at this mark so please fill in and send back your application after the game to be in with a shout of claiming a fantastic prize.

SHEFFIELD UNITED

With the game confirmed as being played on Saturday January 3 we are now taking hospitality bookings for the day.

Prices for season ticket holders have been frozen and remain at £40 + match ticket.

This game is already seeing a high demand for hospitality packages so please contact me ASAP if you would like to entertain at the game.

END OF SEASON PITCH HIRE

Need something to look forward to going into the New Year? I'm sure the experience of playing on the Brisbane Road turf could provide that extra boost of motivation to get you through the grim months at the start of the New Year.

We are now taking bookings for pitch hire at the end of the season so please enquire today to get the best available slots.

We are offering use of the pitch every day from Sunday May 3 through till Sunday 24 and with prices starting from £1000 you won't get a better chance to run out onto the O's pitch and compete against friends, family, or colleagues.

We operate on a slot time basis being 10am, 1pm, and 4pm each and every day so please contact me to ensure you get the date and time that you are after.

I'd like to wish all Orient fans a Happy New Year and let's hope 2009 turns out to be a great year for our club.

Up The O's

Chris Pope, Commercial Manager

0871 310 1886

c.pope@leytonorient.net



LEYTON ORIENT
FOOTBALL CLUB

The Thomas Cook logo, featuring the brand name in white text inside a blue circular emblem with a yellow sun-like shape at the top.The 'Going Places' logo, with the text in white inside a blue oval that has a stylized horizon line.A photograph of two cocktails on a wooden tray. The cocktail on the left is a tall, orange-colored drink in a conical glass, garnished with a black straw and a strawberry. The cocktail on the right is a shorter, dark purple drink in a similar glass, garnished with a lime wedge and a small pink umbrella. In the background, there is a swimming pool and palm trees under a clear sky.

Still fancy
your pie & pint?

The O's Holiday Club

You save! - With a guaranteed discount off a wide range of UK & overseas holidays.
We win! - With a royalty payment to the club on every booking made.

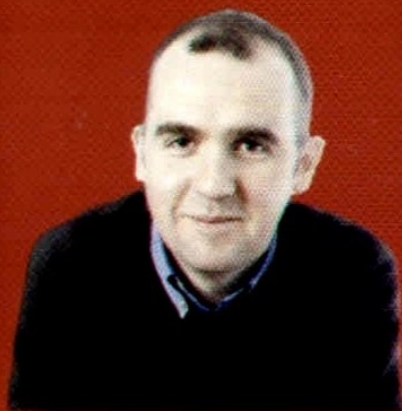
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Phil Parry

THERE is a great tradition of drama at this time of year, be it the extra oomph which is applied to television budgets for the one-off specials or the knock-a-bout fun that is a trip to a pantomime.

No doubt many of us will be going out as a family to some form of entertainment event, be it the panto, something a little more serious or even Aunt Ethel's hilarious annual attempt to play charades, she always gets "Carry On Dick" doesn't she?

A mate of mine and his family used to get taken to the theatre every December 27 by his uncle as they maintained a long standing tradition. One year he returned to eulogise about "A Woman in Black," and the play's ability to spring a surprise at any turn.

He is of course a football fan too and is all too aware of the fact that a Saturday afternoon can provide just as much unanticipated excitement as any well-staged dramatic performance.

Cast your mind back to two weekends before Christmas when late goals seemed to be de rigueur. It seemed that across the

capital fans were experiencing palpitations as games were won and lost almost as the referees were putting their whistles to their mouths.

If Millwall and Palace provided nervous drama with their late winners then what can you say of events at Griffin Park where Brentford beat Bradford 2-1, and the scoring only started in the 88th minute.

If that wasn't enough then how about on the Monday night when Charlton thought they had ended a 13-game wait for a win, only for Derby to inflict heartbreak with the clock ticking onto 93 minutes and 59 seconds. We were playing four minutes of added time.

I know it's a cliché, but if I can't get away with one at this time of year when can I, but it was the sort of drama that cannot be scripted. And it is what makes sport, more often than not, compelling to

watch or listen to.

The events reminded me of that memorable day in early May 2006 when the footballing pendulum swung in such a delicious way. A goal for Northampton meant the O's were up then within seconds Lee Steele made sure and as a consequence relegated his former team.

It is the memories of days like that have to endure when lady luck appears to have turned her back for the afternoon. When the referee seems to be erring on the other side and nothing wants to go in the net and the chaps succumb to a late winner.

The other week it was Charlton who suffered while Palace, Millwall and Brentford smiled. But we all get a chance to enjoy those ecstatic moments in a ground, it is just important to appreciate them.



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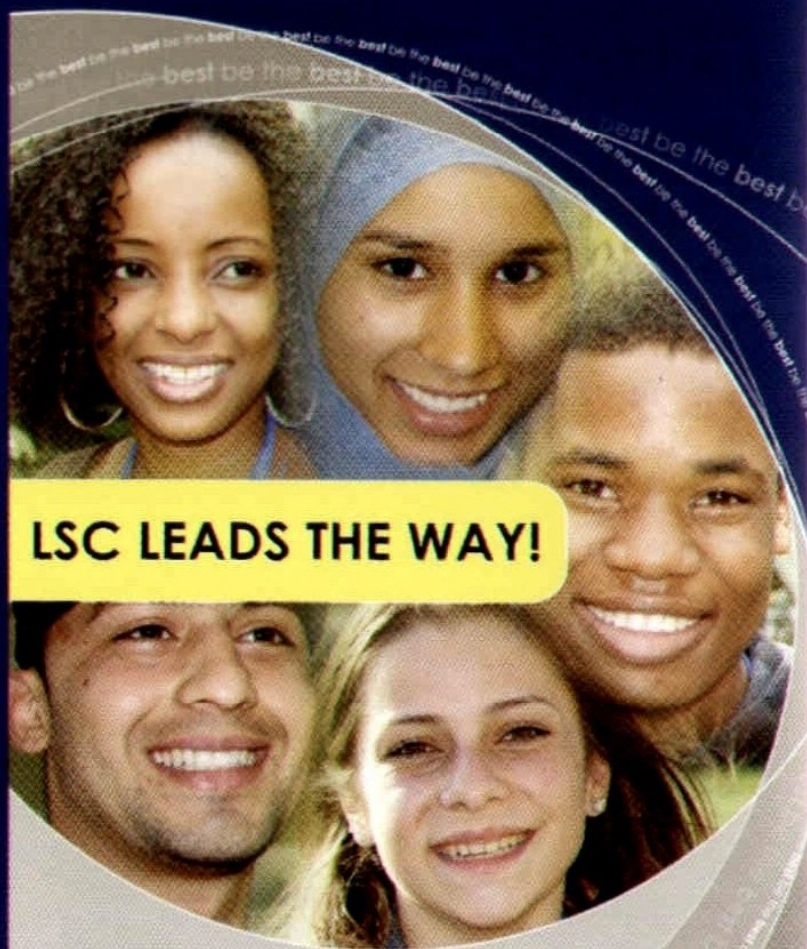
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Ready To Kick On

Sam's Keen To Rediscover Scoring Touch

Words: Leo Tyrie Pictures: Simon O'Connor

ONE man looking forward to this afternoon's meeting with Swindon Town more than most is O's striker Sam Parkin.

The 27-year-old forward, who is on loan at Brisbane Road from Luton Town, enjoyed a hugely successful spell at the County Ground between 2002 and 2005, scoring 73 goals in 142 games.

Parkin's goals helped fire the Robins to the League One play-

offs in the 2003/04 season and he is relishing the chance to line up against his old employers.

"It's always nice to play against one of your former teams," he said. "There's been a complete turnaround at that club since I was there, and barring a couple of the young players that have come through, I don't know any of the lads there anymore."

"If you look at my career statistics, it doesn't take a rocket scientist to see that my spell at Swindon was the best. ►



SAM PARKIN

FACTFILE

Born: 14.03.1981, Roehampton

Position: Striker

Clubs: 2000-2002, Chelsea -
0 apps, 0 goals

2000, Millwall (loan) -
7 games, 4 goals

2000-2001, Wycombe Wanderers
(loan) -

13 games, 2 goals

2001, Oldham Athletic (loan) -
7 games, 3 goals

2001-2002, Northampton Town (loan)
46 games, 5 goals

2002-2005, Swindon Town -
142 games, 73 goals

2005-2006, Ipswich Town -
22 games, 5 goals

2006-present, Luton Town -
38 games, 9 goals

2008-present, Leyton Orient (loan) -
9 games, 0 goals

Fact: Sam's best goal return in a season is 26 in the 2002/03 campaign - his first in Swindon Town colours.



goalscoring time of my career, and it was the most enjoyable time for me as well.

"I had a wonderful three years and I'll always look back at that time with fond memories. I made a lot of friends in the area and at the club, and I stay in touch with the majority of the players that I played with during that spell."

That 2003/04 play-off campaign was ultimately to end with a semi-final penalty shootout defeat to Brighton & Hove Albion, but Parkin believes Swindon were unlucky to miss out on promotion and he would love to make up for that at the O's.

He continued: "I'm sure the playing budget is pretty similar at Swindon as it is at Orient, and we had some success during the time I was there."

"We relied heavily on getting loan players from the Premier League clubs and players who didn't quite make it at the top level - someone like myself who started at a big club and had to go down the footballing ladder to earn their right as a professional footballer."

"That's what we did at Swindon - free transfers and loanees and we built a team that I thought was good enough to get us into the Championship. We were unfortunate to lose in the play-offs in 2004."

"There's no reason why something like that can't happen at Orient."

"It'll be tough for us to get up there this season, but certainly a club like this, with their structure, can build a good enough squad to challenge."

Parkin's goals for the Robins earned a move to the Championship with Ipswich Town in 2005, but just as his career looked set for the top, injury struck.

A similarly frustrating time with Luton followed, but having regained his fitness with the Kenilworth Road club last season, he feels ready to kick on again now.

He said: "I had a bad injury at that, thankfully, we managed to put an end to at the start of last season. It was an ankle injury that went on and on - I had to have various surgery carried out on it and there were times when there was a question mark over whether I'd play again."

"Thankfully, I've managed to get back to a place now where I have to have a little bit of treatment and the odd bit of specialist training, but I feel really fit and good again."



"I'm keen to make up for lost time. Up until the age of 24 I hadn't had any injuries at all – people forget that and think I've been injured all my career, but I played 200 games before I had any kind of injury.

"It's nice to be back playing again and hopefully I'll be able to be involved in near on 40 games this season."

Orient's last home outing ended with a disappointing 2-1 loss to struggling Cheltenham Town and Parkin is determined to put that right against Swindon today.

"It was frustrating to lose to Cheltenham in our last home game," he said. "The conditions were awful – it was really, really wet and the ball was getting held up, but we still had enough chances to win two or three games.

"We had something like 20 attempts on goal and they had two or three. It was a game we should have won, but we didn't and it's important that we bounce back over the next couple of matches.

"We can't get too disheartened because we've been on a good run and sometimes football has a habit of kicking you in the teeth like that.

"The Cheltenham game did feel like a

missed opportunity because we'd won games that were more difficult on paper in recent weeks. The four away wins at Crewe, Huddersfield, Colchester and Bradford were huge for us and the Cheltenham one was a really winnable game for us.

"We could have given ourselves a little bit of breathing space over the teams at the bottom, but unfortunately it wasn't to be and we have to make up for that with a good points return over Christmas.

"It's a good squad we have here. I don't think there are many better at this level and we showed the ability we have in the recent good run. Hopefully Cheltenham was a little blip and we can continue with the good form that we've shown since I came into the club.

"Christmas is always an important time of the season. It's not as congested this year as in the past, but today's game is followed quickly by Colchester and if we could get a positive result at Oldham and take six or seven points from that time

we'd be absolutely delighted."

Parkin's loan is set to expire after the January 10 trip to Leicester City, but he is keen to make the transfer to Brisbane Road a permanent one and he knows breaking his goal duck would help with that.

"I am hopeful of extending my stay here," he said. "The last thing I want to be doing is to have my career up in the air in January and looking for new employers.

"It would be nice to get something sorted at Orient. I've enjoyed it and I've been happy with my form, even if I would have liked to add a few goals to that. The lads have been on a good run, I feel at home here and I'd be keen to stay longer.

"It's always a concern as a striker when you're not scoring goals. This is probably the longest I've been throughout my career without one – all forwards go through that at some point in their careers and unfortunately I'm going through that now.

"If that goal at Crewe had stood earlier in the run, who's to say what would have happened by now? I need to get one to start the ball rolling, but as long as we're picking up wins that's the most important thing."







NOW back at the O's in the important role of Youth team coach, **KEVIN NUGENT** first joined the O's on YTS forms before signing professional terms back in 1987 and scored on his League debut against Scarborough that year.



He spent five years with the club before playing for Plymouth Argyle, Bristol City and Cardiff City with whom he gained promotion to Division Two. He rejoined Orient on a free transfer in January 2002 along with Matthew Brazier but a year later, he went back to Wales to play for

Swansea City where he finished his playing career before returning to his roots here at Brisbane Road in June 2007 to take charge of the youth team. Kevin now selects his best team from players he played alongside during his career

"Peter Shilton is in goal, I was his first signing when he was appointed player/manager with Plymouth Argyle.

He put a really good side together and we were very unfortunate not to get promoted. We played attacking football that attracted good crowds - 17,000 or so would regularly turn up - and he was still at the top of his game. He offered the team a huge presence as the last line of the defence and he was still a very influential keeper even though he was in the latter days of what was an outstanding playing career.

"Mark Delaney who I played with at Cardiff City is my choice for right-back. He came from a non-league side in Wales and

the rate of his progression was quite fantastic. Within a week or so, he'd really caught everyone's attention particularly when we started to play our pre-season games. It wasn't long before you could see that he was going to progress to the top-flight which he did do. He was one of the fittest players I've ever worked with, he

was a fantastic fellow and a really good professional and it was no surprise when he went on to do so well for Aston Villa. Dean Smith and Garry Monk are the two central defenders. I really noticed how good Dean was when playing against him, he was a really solid player and a thinking centre-half and he could adjust his game according to

**'WE PLAYED
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UP- AND HE WAS
STILL AT THE TOP OF
HIS GAME.'**

whoever was playing alongside him. I believe he was a very under-rated defender. I played with Garry Monk at Swansea after he'd been released by Southampton but he's proved an outstanding defender - he was unfortunate because he got an injury but he's got himself fit and has come back to captain



Steve Castle

Swansea at Championship level. He's a really good player who is still progressing and although I played alongside him a little bit, I also spent time with him as a coach and he was a joy to work with. He's decent on the ball but he loves defending and like Smudge, had more in his locker than just defending.

"Left back is Darren Barnard who was in the side I played with at Bristol City. He had previously been with Chelsea and City paid a lot of money for him but it was money well spent. He was one of the most talented players I played alongside. He had a superb ability to run with the ball down the flank and overlap with Brian Tinnion and he could also deliver a wonderful free-kick and also came up with a few goals from set-pieces and long-range volleys. Darren eventually went on to play for Barnsley when they went into the Premiership.

"On the right of midfield is Leon Britton who is a dynamo and never stops working. He initially joined Swansea on loan from West Ham but he made such an impression that they signed him on a permanent deal a few months later. Although small in stature, he boasts great work rate with superb attacking qualities, is a good creator and has the ability to pop up with goals.

"The two players I've selected in centre midfield are Steve Castle and Richard Carpenter. Orient fans are aware of just how good Stevie was as a player, I played with Richard Carpenter at Cardiff and he was a good solid player, knew the game inside out, led in the middle of the park and was totally reliable. He and the big-hearted Stevie would make a good pair

with Chippie (Carpenter), as he was known, sitting in whilst Stevie would get forward a lot and also pop up with so many goals. Often, when you think a game was going to be 0-0 or you may be a goal down, Stevie would get forward and attack the ball in the box and save the game for you. He was probably the bravest player I've ever known for attacking the ball in the box, he'd put his head in without fear. He'd regularly score around 20 goals a season from midfield which is a fabulous achievement and record. He was inspirational by example although you could say that about virtually everyone in this team.

"On the left side of midfield I've chosen Steve McCall who again I played with at Plymouth although his versatility meant that he was also an effective left back. He joined Plymouth from Sheffield Wednesday towards the end of the 1991/92 season and proved to be a terrific signing for the club. He had an excellent left foot, was very influential and his level of consistency was superb, and he won the club's player of the season award two years in a row which shows how good he was.

"Shaun Goater and Lee Trundle are my two choices up front. I played with Shaun at Bristol City and Lee at Swansea and both of them loved to have me around because I took all the knocks and bruises and left them to score the goals! Shaun was an excellent striker, good technique and had a fantastic scoring record when we were at Bristol City before he was sold

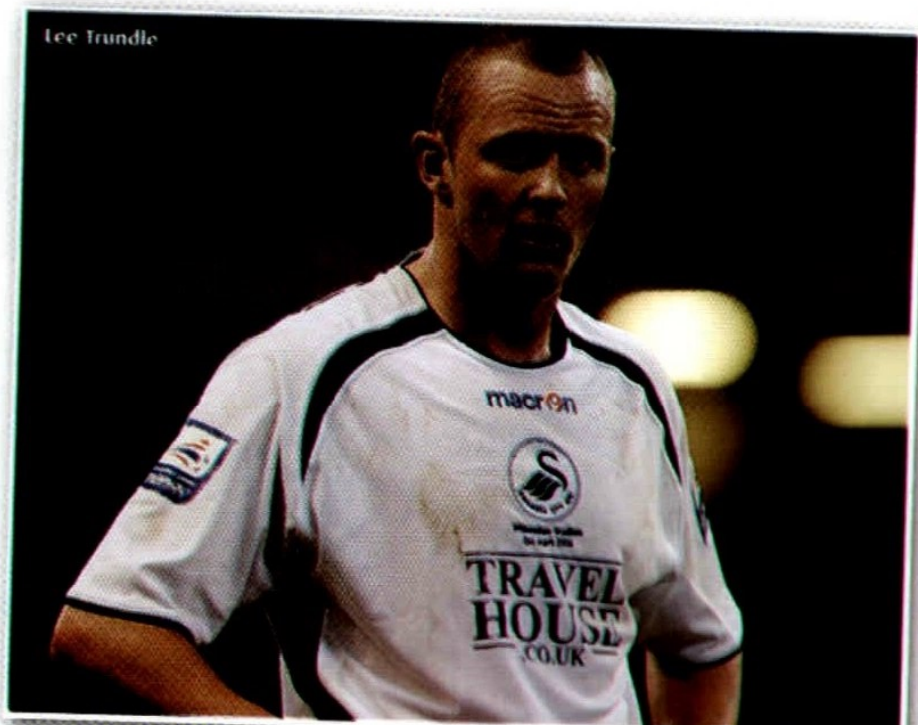
onto Manchester City.

"Lee Trundle is a real crowd-pleaser thanks to his trickery and showboating skills but he is a superbly talented striker who scores goals on a regular basis and is always a problem for defenders.

"Obviously there are a lot of other talented players who I've left out that could have played in this team and performed well. Too many to mention really but I will choose one player from my time as a player with Orient who I really enjoyed playing alongside and that was Danny Carter. He was a great guy and a superb crosser of the ball and we seemed to complement each other well.

"I thoroughly enjoyed my playing career, I loved my time with Orient but I must admit that perhaps the most satisfying aspect in my playing career came at Swansea. When I joined them, it looked like they were going out of the Football League but by the end of the season, we'd managed to stay up and from thereon, the club's fortunes improved greatly. Wherever I played though, I loved the camaraderie amongst the players both training and on matchdays but now I'm dealing with the youngsters and that's a new venture for me and one that again, I'm relishing.

"To be able to work with young players at the start of their careers and help them develop and move onto another level is an exciting responsibility. Whilst results for the youth teams are important, the main thinking is to get players progressing from the side and challenging for a place in the first team squad and the players know that they will always been given every encouragement here at Orient to make first team level."



Lee Trundle



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YOUNGSTERS FIGHT BACK FOR SOUTHEND POINT

Saturday December 13 2008

Southend United U18 2

Leyton Orient U18 2

Puma Youth Alliance South East Conference

ORIENT bounced back from the disappointment of their FA Youth Cup exit by twice coming from behind to draw with Southend United.

The Shrimpers' youth team are flying high at the top end of the Youth Alliance South East Conference, but Orient were unfazed and could have taken all three points.

Kevin Nugent's side twice fell behind against the run of play, but he was pleased with their determination as goals from Jake Argent and Harry Beautyman earned them a draw.

Nugent said: "It was an excellent response to the Youth Cup defeat and we gave one of our best performances of the season.

"We probably had 70% of the play and should have won. That didn't quite happen for us but it was nevertheless pleasing to see the spirit we showed to get back on level terms twice."

Orient started well but found themselves a goal down. They didn't allow their heads to drop and made it 1-1 when Argent took advantage of a defensive error to score from close range.

Southend re-established a lead, but again Orient heads did not drop and Beautyman made an excellent late run into the box to meet Musa Manneh's cross with an unstoppable header.

The Londoners continued to press in

search of a winner, but they couldn't force a third and had to be content with a point.

Orient: Jack Giddens; Brandon Martin, Pat O'Donnell, Stephen O'Hara, Ryan Nelson; Harry Baker, Daryl Sydes (Michael Richardson 88), Harry Beautyman, Musa Manneh; Adam Bolle, Jake Argent
Subs (not used): Daniel Bygrave (GK), Fahola Fahinty, George Artemi

LEAGUE CAMPAIGN RESUMES WITH U'S TEST

KEVIN NUGENT'S side face a two-week break before their next Puma Youth Alliance league fixture when their campaign resumes with a home game against Colchester United.

The young O's went into the Christmas break on the back of a well-earned 2-2 draw at high flying Southend United and Nugent will be hoping their progress continues over the second half of the season.

Orient recovered from an indifferent start to the season to record a six-match unbeaten run in November, leaving them in a good position to kick on in the New Year.

Nugent's side enjoyed a good FA Youth Cup run, progressing through to the third round before suffering a Brisbane Road defeat at the hands of Watford.

Their League form leaves them in 10th place in the table, but they are only six points off Southend in fourth and will be targeting a high finish.

They meet Colchester on January 10 at the Ive Farm Sports Ground, Ive Farm Lane, Leyton, with the game kicking off at 11am.

YOUTH TEAM FIXTURES 2008/09

Date	Opponent	Result
Aug 16	Gillingham (h)	W3-2
Aug 30	Aldershot Town (a)	W4-1
Sep 6	Brighton & HA (a)	L0-3
Sep 20	Gillingham (a) (YAC)	L2-3
Sep 27	Northampton T (h) (YAC)	L1-2
Oct 4	Luton Town (h) (YAC)	D0-0
Oct 11	Peterborough Utd (a) (YAC)	W1-0
Oct 18	Dagenham & Red (h)	L2-3
Oct 25	Colchester Utd (a)	L0-1
Nov 3	Boreham Wood (a) (FAYC1)	W5-0
Nov 8	Millwall (h)	W2-1
Nov 15	Gillingham (a)	D1-1
Nov 18	Wycombe (a) (FAYC2)	W2-1
Nov 22	Oxford United (a) (YAC2)	D1-1*
Nov 29	Dagenham & Red (a)	D1-1
Dec 6	Brighton & HA (h)	L0-1
Dec 9	Watford (h) (FAYC3)	L0-4
Dec 13	Southend Utd (a)	D2-2
Jan 10	Colchester Utd (h)	
Jan 17	Aldershot Town (h)	
Jan 31	Millwall (a)	
Feb 7	QPR (h)	
Feb 14	Rushden & Diamonds (a)	
Feb 21	Wycombe Wdrs (h)	
Mar 7	Barnet (a)	
Mar 14	Brentford (h)	
Mar 28	Luton Town (a)	
Apr 4	Northampton T (h)	
Apr 18	Peterborough Utd (a)	
TBA	Southend Utd (h)	

YAC = Youth Alliance Cup

* - Won 5-4 on penalties

PUMA YOUTH ALLIANCE SOUTH EAST CONFERENCE TABLE

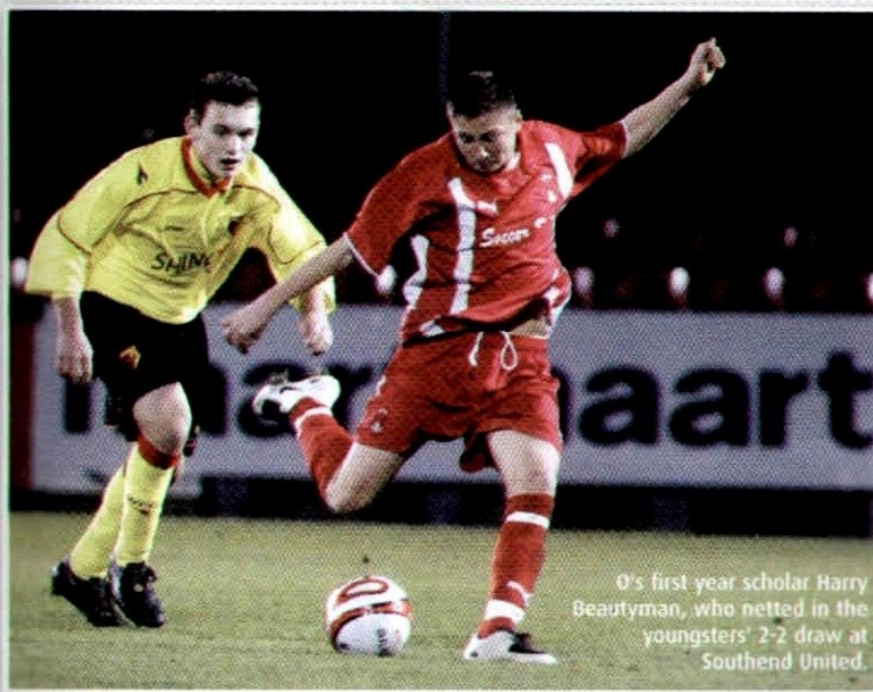
	P	W	D	L	GD	Pts
1. Rushden	11	7	1	3	+8	22
2. QPR	9	7	1	1	+7	22
3. Colchester	11	6	2	3	+5	20
4. Southend	8	5	3	0	+10	18
5. Peterborough	10	5	1	4	+6	16
6. Brighton	8	5	1	2	+6	16
7. Gillingham	11	4	3	4	-1	15
8. Wycombe	8	4	1	3	+6	13
9. Millwall	8	4	1	3	+3	13
10. Leyton Orient	10	3	3	4	-1	12
11. Brentford	9	3	2	4	+1	11
12. Dagenham	10	1	6	3	-4	9
13. Northampton	9	2	2	5	-7	8
14. Luton	8	2	1	5	-11	7
15. Barnet	8	1	1	6	-10	4
16. Aldershot	10	0	1	9	-18	1

2007/08 APPEARANCES + SUB (GOALS)

Ope Aramona 3 + 4, Jake Argent 7 + 7 (2), George Artemi 5, Elliott Babbs 5 (1), Harry Baker 9 + 3 (4), Harry Beautyman 12 + 2 (3), Joseph Boakye 6 + 3 (1), Adam Bolle 12 + 2 (4), Christian Bulembi 3 + 1, Daniel Bygrave 8, Callum Compton 2, Louis Crowther 4 + 3, Falola Fahinty 3 (1), Ciaran Folan 1 + 1, Jack Giddens 9, Matthew Hall 8 + 2 (1), Alan Mabuyaku 1, Musa Manneh 13 + 1 (2), Adam Marsh 9 + 3 (6), Brandon Martin 15 + 1, Josh Millwood 3 (1), Ryan Nelson 13 + 1, Patrick O'Donnell 12, Stephen O'Hara 8, Callum O'Shea 1, Michael Richardson 1 + 1, Ajet Shehu 3, Daryl Sydes 12 (1)

PUMA YOUTH ALLIANCE CUP GROUP 4 TABLE

	P	W	D	L	GD	Pts
1. Gillingham	4	3	0	1	+7	9
2. Peterborough	4	2	1	1	+1	7
3. Leyton Orient	4	1	1	2	-1	4
4. Northampton	4	1	1	2	-2	4
5. Luton Town	4	0	3	1	-5	3



O's first year scholar Harry Beautyman, who netted in the youngsters' 2-2 draw at Southend United.

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THANKS JOHN !

In response to our call earlier in the season for assistance to enable the club to improve the style and frequency of our mid-season newsletters we were delighted to receive an offer of help from John Stadden of Pinder & Co.

John, who is a long time O's fan and West Stand season ticket holder, has worked with us in producing a full colour newsletter which has far exceeded our expectations and which some members have already complimented us upon in emails received on the club information email address.

Our photo shows John handing the newsletters to club chairman David Dodd prior to them being sent out to members last week. We should like to thank John and Pinder & Co for their extremely generous help in producing a quality newsletter for members at no cost whatsoever to the club. We look forward to working with John on future projects for the Supporters Club.

Likewise, we must also thank Michael Sargent of Chevrons Carpet Cleaners for his help in organising the recent cleaning of the club carpet, again, at no cost to the club. All such help from members is greatly appreciated and will be acknowledged in our forthcoming club sponsors panel to be displayed in the club and on future leafleting.

STAN & STAN MEET AGAIN!

At the game at Yeovil Town in October one of the boardroom guests was O's legend and one time captain Stan Charlton, who travelled up from his home in Weymouth to catch the game. With him was his friend Keith Francis who also briefly played for the O's between 1950 - 52.

As we were all about to leave after the game another one time 'O' was introduced into the boardroom. This was former left back Stan Earl, who made 37

appearances between 1955 - 57 and it was good to see these two former club colleagues reunited along with Keith Francis.

THURSDAY CLUB NIGHT

Due to January 1 being a public holiday there will be no Thursday Club Night on this date.

The next session will therefore be on Thursday January 15 when another six ales will be available at the pumps. The club will open at 6pm.

NEW YEAR QUIZ NIGHT

We currently have space for more teams (of eight players) for our next Quiz Night which is the New Year Quiz on Sunday January 25.

Please call in and see Simon at the club if you would like to enter a team. Alternatively, email us at the above address and we will contact you.

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In this article, we feature a couple of strikers who joined the club during the 1998/99 campaign with high hopes only to fail to live up to expectations before being given an early release.

STEVE FINNEY

Finney joined the O's on a free transfer from Carlisle United on March 25 1999 as a replacement for Carl Griffiths, who had been transferred to Port Vale, but the 5'10" striker was never able to fill the goals void left by the O's crowd favourite.

Born in Hexham, he started his career as a trainee at Preston North End but it was at Swindon Town that he enjoyed his most productive spell, having made a real impact at the County Ground following his transfer from Deepdale in 1995 when scoring 16 goals in his first full season with the Robins.

Whilst with the Wiltshire club, he played in the side that featured Martin Ling and picked up a Division Two championship medal but injury struck to halt his career when he broke a leg at Burnley. He was unable to regain his previous goalscoring form and after a brief loan spell at Cambridge United, he returned to Swindon before moving onto Carlisle in July 1998.

Having scored six goals in 33 League games for the Cumbrians, he joined Orient and made his debut for the club against Southend United on April 4 1999 in a 3-0 defeat but was substituted in the following game with Exeter City and was left out of the squad before being recalled to the substitute's bench for three matches.

Unhappy at being denied starting opportunities and without a goal to his name, he was released by manager Tommy Taylor the following month and then joined Exeter City before moving quickly onto Gretna. He was later seen in action for Barrow and Chester City and then Altrincham.



STEVE McCORMICK

The tall forward moved down south to link up with Orient on a three-month loan from Dundee but failed to last the course and returned to the Scottish club after just one month.

He started his career north of the border with Queens Park before moving onto Stirling Albion where he scored eight goals in 29 starts. After being loaned out to Arbroath, he then joined Dundee for £25,000 in December 1997 and played his part in helping the club win the First Division with five goals in six starts and nine sub appearances.

However, he didn't feature the following season and was again put on the loan trail joining Morton then Airdrieonians and then East Fife. He made his first appearance for the O's as a substitute in the 1-1 home draw with Mansfield Town on September 8 1998 and almost marked his debut with a goal only to be denied by a desperate save from the visiting keeper.

However, he only made three starting appearances, which included both legs of the Worthington Cup clash with Notts Forest, and two further substitute appearances before being released following the 2-1 defeat at Rochdale on September 26.



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LEYTON ORIENT COMMUNITY SPORTS PROGRAMME ACHIEVE FOOTBALL LEAGUE TRUST BRONZE AWARD

Leyton Orient Community Sports Programme (LOCSP) has been awarded Bronze status by The Football League Trust for their work in the Community.

Their staff were recently assessed by the Trust Regional Management team, who found that the club's Community work met the required standard for a Bronze award.

In addition to fulfilling the Trust's Minimum Charter standard, the club's Community staff demonstrated the following:

- > A coach to child ratio of 1:16 for all activity
- > All activity led by an

- FA Level 2 qualified coach or above
- > Publish a business plan with Key Performance Indicators (KPIs)
- > Deliver to at least one of the Trust's four main themes of health, Education, Social Inclusion/ Community Cohesion and Sports Participation
- > Establish working partnerships with external agencies e.g. local authorities
- > Working towards charitable status by



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the end of 2009

Bronze awards have been made to 18 Championship clubs, 14 in League One and 11 in League Two.

Leyton Orient Community Sports Programme Chief Executive Neil Taylor said: "We are delighted to have achieved this status and it reflects all the hard work and endeavours our staff make on a regular basis.

"We are glad that the Football League Trust is supporting – and taking seriously – community work across the country and this award will bring national recognition not only to LOCSP, but all the successful community trusts in England.

"The Bronze status is a starting point for us to kick on from and everyone connected with Leyton Orient Community Sports Programme is proud to be recognised in this way."

Football League Trust General Manager Dave Edmundson said:

"We have been extremely impressed with the standard of community work across the country.

"We are sure the investment will benefit the many thousands who participate in Community activities with Football League clubs."

MERRY CHRISTMAS

All the coaches and staff of LOCSP would like to wish all the supporters, players, management and staff of Leyton Orient FC a very Merry Christmas and Happy New Year!



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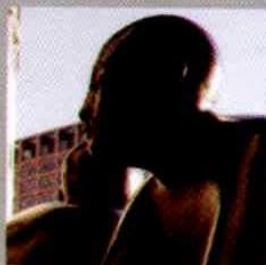
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MERRY Christmas everyone and welcome to today's game against Swindon Town. Deadlines for the matchday programme mean that I am putting these notes together a lot earlier than usual.

I mentioned previously that the last week was going to be an intense period as we had the half-yearly parents' evenings for all of the schoolboys in the youth development programme.

For the under 9s-15s it is more about feedback from the first half of the season, highlighting the positives and giving guidance on how best the players can progress in their areas of weakness in the New Year. There were some real positives that came out of the evening that I am hopeful of reporting on in my notes sooner rather than later.

The under 16s have faced a hugely difficult period in their football career and their lives. These boys are beginning their GCSE exams which in turn leads to crucial decisions relating to the path that they may choose to take in the future.

It is my pleasure to inform everyone that we have now offered a scholarship to three of the current group. Midfielder Callum Compton, centre back Stephen O'Hara and goalkeeper Thomas Lovelock. These boys have had a great start this season and have competed at a standard that has impressed all of the staff at the club and I wish them all the very best for the future as they make a huge step in their search for a full-time career in the game.

There are additional players that have been offered an extended period in order to allow them more time to show that they too have what is required to succeed at youth team level. Along with various trialists, they will be a major priority for

us in our search to fill the remaining places for season 2009/2010.

Last weekend's home fixtures against Millwall were cancelled, this led to many of the staff visiting the matches based in south London. It was a stress free day for me as I got to watch the games closely without the organisational headaches at Iwe Farm.

Physically those games were an eye opener for our teams but technically I was very impressed again by many of our lads. I usually get to at least one away fixture during the season and what I am always keen to see is the conduct and behaviour of the boys, parents and staff whilst we are the visiting team.

I was over the moon with our approach throughout the morning, it is vital for all of the players to understand the standards that are in place as these are the foundations for their development as footballers and young people.


After tonight's training session (17.12.08) the Centre of Excellence have a nice long break until January 5 so with this in mind I will take this opportunity to wish everyone a happy New Year and to thank all the staff, parents and players for all of their support over the last 12 months.

Enjoy the Game!

Ross Embleton
Youth Development Manager

Current first year scholar Elliott Babbs in action for the youth team.





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**IN
FOCUS**

Melligan Goal Rescues Point for O's

Northampton Town 1 - 1 Leyton Orient, Saturday December 6 2008

IN FOCUS

NORTHAMPTON TOWN 1 LEYTON ORIENT 1

Coca-Cola League One, Sixfields Stadium
Saturday December 6 2008

NORTHAMPTON TOWN

- 26 Frank Fielding
- 2 Jason Crowe
- 3 Danny Jackman
- 4 Mark Hughes
- 5 Andy Todd
- 7 Giles Coke
- 14 Liam Davis
- 18 Ryan Gilligan
- 27 Scott McGleish
- 28 Nicholas Bignall
- 29 Kyle Walker

Subs:

- 8 Leon Constantine
- 9 Colin Larkin for Gilligan (62)
- 11 Andy Holt for Bignall (73)
- 13 Chris Dunn (GK)
- 15 Abdul Osman

Goal: Davis 2

LEYTON ORIENT

- 1 Glenn Morris
- 2 Stephen Purches
- 4 Alton Thelwell
- 5 Tamika Mkandawire
- 7 JJ Melligan
- 8 Adam Chambers
- 10 Sean Thornton
- 11 Dean Morgan
- 18 Adam Boyd
- 19 Aiden Palmer
- 20 Jason Demetriou

Subs:

- 12 Jamie Jones (GK)
- 17 Paul Terry
- 23 Ryan Jarvis for Melligan (88)
- 27 Sam Parkin for Morgan (73)
- 28 Jordan Spence

Goal: Melligan 42

Booked: Demetriou

Referee: Keith Hill (Hertfordshire)

Attendance: 5,039 (719 away)

Martin Ling: "That will go down as a point gained. It wasn't a great performance in the first half by any stretch of the imagination.

"We were below par, but we came off at 1-1. We had one attack and scored the goal and they stuck with it, even if the first half was as poor as we've been recently.

"For the first 35 minutes of the second half I thought we were the aggressors and looked more likely to win the game."





2 mins

Northampton establish a lead with just two minutes on the clock when Liam Davis crosses from the right and Nicholas Bignall scores from a central position.

12 mins

Northampton's lead is doubled when Scott Madison scores a low cross from the right which is headed by Samir Moutawire.

36 mins

Northampton's Nicholas Bignall wastes a good chance to make it 2-0 when he fires over the top after McGleish knocks Davis' cross into the striker's path.

**IN
FOCUS**



42 mins

Orient punish the home side for not making more of their dominance when JJ Melligan gets on the end of Jason Demetriou's cross. Cobblers keeper Fielding saves the initial header, but Melligan finishes at the second attempt.

47 mins

The O's start the second period at a pace and Tamika Mkandawire brushes the outside of the post with a shot from the edge of the box.



49 mins
Sean Thornton sends a dipping shot just over the crossbar as Orient look to build on their leveller.

60 mins
Fielding dives bravely at Adam Fielding's feet to deny the Q's striker. Melligan touches Barmetious's loosed pass into his path.

90 mins
Northampton step up the pressure towards the end and Glenn Morris has to fly across his goal to save Kyle Walker's shot.

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JONNY DAVIES takes a look at what's been happening in League One

HARTLEPOOL UNITED have parted company with manager **Danny Wilson** following a disappointing run of results.

A six-match winless streak spelled the end for Wilson and saw Hartlepool slip out of the play-off picture and into mid-table.

Wilson had been in charge of the League One outfit since the summer of 2006, guiding the club to promotion out of the bottom tier in his first year in charge.

Ex-O's player and former joint-manager at Brisbane Road, **Chris Turner**, was placed in temporary charge of first-team affairs as well as carrying out his role as director of sport.



- **LEE CLARK** has been confirmed as the new manager of **Huddersfield Town**.

The former Newcastle midfielder leaves his post as assistant boss with Championship side **Norwich City** to take charge at the Galpharm Stadium.

Clark has signed a three-and-a-half year contract with the Yorkshire club.

- **STRUGGLING Brighton & Hove Albion** were dealt a blow with the news that vice-captain **Steve Thomson** wants to leave the club during the winter transfer window.

The former Falkirk and Peterborough midfielder told manager **Micky Adams** he is keen to move back home to Scotland as his family have not settled on the South Coast.

- **PROMOTION hopefuls Leicester City** have bolstered their midfield options with the addition of free agent **Aman Verma** on a six-month deal.

The 21-year-old has been on trial with **Nigel Pearson's** troops and impressed enough to earn a longer stay.

- **LEEDS UNITED** chairman **Ken Bates** has assured fans that talks to strengthen the team in January are well underway.

Pressure is mounting on manager **Gary McAllister** after the side bowed out of three cup competitions before Christmas and the team recently dropped out of the play-off positions.

- **IN a bid to tighten up their backline, Colchester United** have signed former **Leeds United** defender **Alan Maybury**.

The 30-year-old arrives on a free transfer after leaving **Leicester City** last summer. Maybury linked up with **Colchester** on trial earlier this month and the full-back has impressed during his time at the League One club.

- **MILLWALL'S** on-loan striker **Tresor Kandol** is hoping he will be allowed to remain with the League One outfit.

Kandol's registration remains in the hands of **Leeds**, with the Whites' boss **Gary McAllister** hinting that he may recall the 27-year-old to help solve the goalscoring problems at **Elland Road** after he has helped move the Lions up into the promotion shake up.

- A NUMBER of Championship sides are reported to be monitoring the progress of **Walsall's** versatile midfielder **Chris Palmer**.

The 25-year-old joined the Saddlers in the summer and has been hugely impressive during his time at the **Bescot Stadium**, filling a number of roles whilst securing his status as a

key first team performer.

- **CARLISLE UNITED** boss **Greg Abbott** is hoping to extend on-loan keeper **Tim Krul's** time at the club, but accepts his fate lies in the hands of his parent club **Newcastle United**.

The Cumbrians are keen to keep the highly-rated youngster for another month, after being impressed by the Dutchman during his short time at the club.

LATEST LEAGUE ONE ODDS...

Leicester City 5/4

MK Dons 6/1

Millwall 13/2

Peterborough United 13/2

Leeds United 7/1

Scunthorpe United 9/1

Oldham Athletic 12/1



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JORDAN SPENCE

YOU would have found it hard to believe that Orient's FA Cup victory at Bradford marked Jordan Spence's senior debut, given the composed performance from the on loan West Ham youngster.

The 18-year-old defender partnered Alton Thelwell in the heart of the O's defence as Martin Ling's men set up a third round tie against Championship side Sheffield United and he won many plaudits for his display.

Spence is the current England under-19 captain and he is sure his time in E10 will play a big role in his development, even if he has had to bide his time for another start since the Valley Parade victory.

He said: "It was great to make my debut at Bradford. I'm thankful for the opportunity and to win made it even better.

"The whole idea is to come here and gain experience as part of a first team squad. I've been blessed with the chance to play a lot of good academy and reserve football, but now it's time for me to play some senior football and it's a great opportunity to do that here.

"It was a different experience playing at Bradford compared to what I've been used to before. It was more physical, that was the first thing, and there was a lot more at stake too.

"The pressure of playing first team football is greater, but also the reward at the end of it is bigger too, so the experience is vital and it's something that all young players need.

"I've been close to the first team at West Ham without really getting the opportunity to challenge for a start, so coming here will allow me to go back as a better player."

Spence may not have made his senior bow for the Hammers yet, but he has become an important figure for England, captaining them up to under-19 level.

He scored the winning goal against Brazil as the Young Lions made it to the quarter finals of the FIFA U17 World Cup in 2007 and he describes that as a great experience.

He added: "My involvement with England has been a massive help for me too. I've had the opportunity to play with and against some of the best players not only in Europe, but in the world.

"Pitting my wits against those kind of players on the international stage always helps when I come back to club football and it's a true blessing to be able to play at that level.

"Scoring the winner against Brazil in the U17 World Cup in 2007 was a great rush. I should perhaps score more goals than I do, so to get that one, against the Brazilians was fantastic. It was just a shame we couldn't go a little further in the tournament."

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Pick 6 games, 2 games from each fixture category in the Olympic suite before the start of the season and pay just £360*, that's only £60* per game!

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Use our easy guide below to pick your game and package then call us on 0871 310 1886 to book today! Please note that all packages and prices quoted are per person and are subject to VAT at the prevailing rate. Match & Managers Sponsorships are for a minimum of 10 guests, Match Ball and Programme sponsorships are for a minimum of 4 guests. PPS cannot include more than 2 gold games.



Fixture/Package	Platinum Package	Programme Sponsor	Match Ball Sponsor	Managers Sponsor	Match Sponsor
Gold Games...					
Cochester United	£85	£100	£120	£140	£150
Leeds United	£85	£100	£120	£140	£150
Leicester City	£85	£100	£120	£140	£150
Millwall	£85	£100	£120	£140	£150
Southend	£85	£100	£120	£140	£150
Silver Games...					
Brighton & Hove Albion	£70	£90	£100	£110	£120
Bristol Rovers	£70	£90	£100	£110	£120
Cheltenham Town	£70	£90	£100	£110	£120
Huddersfield Town	£70	£90	£100	£110	£120
Milton Keynes DONS	£70	£90	£100	£110	£120
Northampton Town	£70	£90	£100	£110	£120
Oldham	£70	£90	£100	£110	£120
Peterborough United	£70	£90	£100	£110	£120
Scunthorpe United	£70	£90	£100	£110	£120
Swansea	£70	£90	£100	£110	£120
Swindon	£70	£90	£100	£110	£120
Walsall	£70	£90	£100	£110	£120
Bronze Games...					
Crewe Alexandra	£65	£80	£90	£100	£110
Carlisle	£65	£80	£90	£100	£110
Hereford United	£65	£80	£90	£100	£110
Tranmere	£65	£80	£90	£100	£110
Yeovil Town	£65	£80	£90	£100	£110

	Platinum Package	Programme Sponsor	Match Ball Sponsor	Managers Sponsor	Match Sponsor
Pre Match...					
Car Park Pass	0	0	0	0	0
Drinks Reception	0	0	0	0	0
3 Course Meal	0	0	0	0	0
Complimentary beverage	0	0	0	0	0
Pre Match Tour	0	0	0	0	0
Matchday Branding...					
Logo On Front Cover	0	0	0	0	0
Full Page Advert	0	0	0	0	0
Half Page Advert	0	0	0	0	0
Logo on Orient TV	0	0	0	0	0
PA Announcement	0	0	0	0	0
During the Match...					
Seats on the Directors balcony	0	0	0	0	0
Railway line seats in the Gallery	0	0	0	0	0
Half/Full time refreshments	0	0	0	0	0
Matchday experiences...					
Meet The Manager	0	0	0	0	0
Two guests to follow the team out	0	0	0	0	0
Post Match...					
Signed Shirt	0	0	0	0	0
Signed Ball	0	0	0	0	0
Signed Programme	0	0	0	0	0
Meet Man of the Match	0	0	0	0	0
Photo of the day	0	0	0	0	0

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TICKETS ON SALE FOR BLADES CUP TIE

**ORIENT'S FA Cup sponsored by E.ON
Round Three tie against Sheffield
United has been set for Saturday
January 3.**

The Brisbane Road meeting with the Blades will kick-off at 3pm and tickets are on sale now.

Season ticket holders have until close of business today to claim their usual seats (unless seated in the East Stand - see below*).

All season ticket holders must submit Voucher G from their season ticket book and correct remittance to the Oliver Road Ticket Office either in person or by post with a stamped addressed envelope.

Any remaining tickets will go on general sale from Tuesday December 30 2008.

Tickets for this match are priced as follows:

Adts	Conc	Jnrs	U11s
	West Stand		
£22	£14	£14	£14
	Tommy Johnston Stand		
£20	£13	£13	£13
	North Family Stand		
£20	£13	£5	Free of charge
	East Stand (Away supporters only)		
£20	£13	£13	£13

Gallery Members should ensure they contact the Club to reserve their regular seats

"Please note that due to the anticipated number of visiting supporters, the entire East Stand has been given over to Sheffield United on this occasion. Season ticket holders in this area will need to purchase seats in another area of the ground for this match."



WIN WITH THE O'S!

IN NEED of a Christmas bonus? Then read on, because Leyton Orient is delighted to announce our new lottery scheme, the Goalden Gate Superdraw. This scheme will provide O's fans the opportunity to support and develop the Youth team stars of the future while having the chance to win huge sums of cash!

For just £1 a week, you can be entered into a prize draw where there will be weekly prizes of £1,000, £150, £100, £75, £50, £25, £10, and £5. There is also a weekly birthday draw of £100 that will rollover each week until claimed.

So if the thought of scooping a load of cash isn't enough reason to get you signed up, then this added incentive surely should. A massive 60p of every pound raised goes straight back into the Orient youth team to help develop future first team players.

We'll also be giving away the great prize of a signed home shirt to our first, 100th, 500th and 1000th members. Added to this everyone who signs up to the scheme will be entered in our grand prize draw where two lucky winners and their friends will be running out onto the famous Matchroom Stadium turf in their very own game at the end of the season. This prize draw will be held at the end of April.

All you have to do to sign up, is download the form from leytonorient.com, fill in the details and post it back to the club.

You can choose from a whole host of payment options, including monthly, quarterly or yearly.

So what are you waiting for? Get signed up today!

The Super draw is run by the Midland Sporting Association and registered with the UK Gambling Commission and full terms and conditions are available on request. All winners are automatically notified and there is no need to claim. All members will receive a LOFC Goalden Gate membership card once the first payment is received.

The Goalden Gate Superdraw is only available to persons over the age of 16 years. If you choose to pay by standing order we must receive an original application form back to the club signed by the account holder.

OBITUARY

THE CLUB were saddened to learn of the recent passing of lifelong supporter Tony Bell, who died aged 61 after suffering with a terminal illness.

Tony was a regular visitor to Brisbane Road until he moved from Harlow to Paignton in Devon in 1987. He was still a keen O's fan and came to home matches when visiting Harlow, and cheered the lads on whenever they played in the West Country.

In recent years he kept up to date with all the O's news through Orient World on the website.

He was an excellent footballer in his younger days, playing for a number of senior amateur teams including Harlow Town and Bishop's Stortford.

Tony leaves a wife, Annette, and two daughters, and will be sorely missed by all his family and many friends.

On this Day

December 26

ORIENT have been involved in 75 Boxing Day fixtures starting with a 3-0 defeat at Bradford City in our inaugural season as members of the Football League back in 1905. Since then, we have achieved 27 victories and 14 draws from the subsequent games that have produced 93 goals for the O's whilst 118 have been conceded.

Our best victory on this day came in 2005 when we beat Rushden & Diamonds 5-1 at Brisbane Road but we have also been on the wrong end of a number of heavy scorelines. We lost 6-2 at Reading in 1947, 4-0 at Liverpool in 1956 and 5-1 at Leicester City in 1962.

There have also been a number of highly entertaining contests involving the O's on this festival date with a 4-2 defeat of Charlton Athletic in 1962 and 21 years later, the Millwall faithful were treated to a seven-goal thriller at Cold Blow Lane where the Lions recorded a 4-3 success.

Today's two teams have met twice on this corresponding day. The first occurred in 1929 when they played out a goalless draw at the County Ground and then in 1968 when Peter Allen notched the only goal of the game at Brisbane Road to the delight of the O's fans amongst the 7,101 attendance.

Unfortunately our recent record of results on this particular date has not been an outstanding success with just one win and a draw from the last seven matches.

1911

Bradford Park Avenue made the long trip down to Millfields Road but left empty-handed with goals from Bob Dalrymple giving the O's a 2-0 revenge win for their 2-1 reverse at the hands of the same opponents just 24 hours earlier.

Writing his column in the Orient programme, the editor referred to the Christmas holiday schedule

noting that the club had been given the task of three away matches amongst their four holiday fixtures.

"Away games at Barnsley, Bradford and Derby County and a Boxing Day home match with Bradford represents a tough fixture list and is hardly likely to yield a full crop of points," he wrote. "Yet no doubt, if we do not secure at least six points (only two points for a win in those days) we shall hear the usual confirmed croaker's voice prophesying the downgrade of the club. Anyway, the boys are out for eight points but if they get four from such a hot handful, we ought to be quite satisfied."

Orient had started the quartet of holiday games in sixth position in Division Two trailing leaders Burnley by just four points with two matches in hand on the Lancashire side but the Yuletide exchanges proved unrewarding.





In the event, the only points we achieved were from the Boxing Day match, suffering a 2-1 reverse at Barnsley and a 5-1 thrashing at Derby County to add to the setback at Bradford. However we were destined to complete the season in fourth place, our best campaign since entering the Football League.

Clapton Orient: Bill Bower, John Johnston, John Johnson, Bill Hind, Eddie Liddell, Harry Willis, Fred Parker, Bob Dalrymple, Fred Bevan, Richard McFadden, Joe Dix.

1975

Chelsea travelled across London to provide the opposition at Brisbane Road and there was a competitive edge to the encounter as the O's gained a 3-1 win in front of an attendance of 15,509.

Derek Possee gave us a half-time lead before additional goals from Peter Bennett and the exciting and emerging winger Laurie Cunningham sealed the points with the visitors, who included the likes of Peter Bonetti, Ray Wilkins, Ron Harris and Charlie Cooke, netting a consolation goal through Teddy Maybank.

It was the seventh successive time that the O's had conceded a single goal in a match but the victory left manager George Petchey highly satisfied. "Our performances over Christmas, including the fine win against Chelsea, have given us a promising start to the second half of the season," he said. "It justifies the club's optimism for the new year and encouragingly, throughout the

League, the holiday period saw increased attendances and let us hope that this trend continues and the extra thousands who watched us and other clubs will keep coming and be rewarded with entertaining football."

Orient: John Jackson, Bobby Fisher, Tony Grealish, Peter Bennett, Phil Hoadley, Tom Walley, Laurie Cunningham, Glenn Roeder, Mickey Bullock, Derek Possee, Gerry Queen. Substitute Ricky Heppolete.

1978

Although West Ham United started the match in front of an Upton Park crowd numbering 29,220 as the leading scorers in Division Two, it was the O's who took the points with a 2-0 success despite having to defend resolutely for long periods.

...THE HOLIDAY PERIOD SAW INCREASED ATTENDANCES AND LET US HOPE THAT THIS TREND CONTINUES AND THE EXTRA THOUSANDS WHO WATCHED US AND OTHER CLUBS WILL KEEP COMING

Keeper John Jackson was in magnificent form twice denying Bryan Robson and then Paul Brush to maintain his clean sheet whilst he and his defensive cohorts also dealt effectively with 19 corners.

Manager Jimmy Bloomfield commented that he felt each member of the defence deserved medals for their performances whilst Hammers boss John Lyall suggested that a team so difficult to beat as Orient must be reckoned to be in the promotion issue!

Not that our display exclusively concentrated on defence. The presence of four strikers in our line-up allowed us to take full advantage of the chances when they came with Joe Mayo on 18 minutes and John Chiedozie on 85

claiming the goals that ensured a particularly pleasing Christmas success.

Orient: John Jackson, Bobby Fisher, Bill Roffey, Tony Grealish, Nigel Gray, Paul Went, John Chiedozie, Kitchen, Joe Mayo, Ian Moores, Ralph Coates (Tunji Banjo).

2005

We kept our promotion aspirations on course by recording our biggest win of the season with a 5-1 defeat of Rushden & Diamonds despite having fallen behind after 25 minutes.

However, Orient responded positively by completely dominating the remainder of the match against a side who had John Dempster sent off 20 minutes from time.

Orient had lost their previous two home matches by a single goal margin and the alarm bells were again sounding when Drewe Broughton slotted the ball past Glyn Garner and into the corner of the net.

But within four minutes, Orient found themselves 2-1 ahead. John Mackie levelled after latching onto a header from Lee Steele and then Steele put us in front from 12 yards. The home side continued to dominate and soon added a third goal after a Wayne Carlisle corner that Mackie nodded on for Steele to fire home his second goal of the game.

A rare attack by the Diamonds produced a fine save from Garner who was also involved when Dempster crashed into the Orient shot-stopper and was shown a red card by referee Ray Olivier.

Four minutes later, the O's notched their fourth goal after Daryl McMahon set up Jabo Ibehre to net from close range. The fifth and final goal came from Craig Easton who lobbed the Rushden keeper from 25 yards to send the home fans amongst the 4,558 attendance home in joyous mood.

Orient: Glyn Garner, Justin Miller, Matt Lockwood, Gaby Zakuani, John Mackie, Craig Easton, Michael Simpson, Wayne Carlisle (Derek Duncan), Gary Alexander (Jabo Ibehre), Lee Steele, Joe Keith (Daryl McMahon).



Chantrey Vellacott DFK

**As accountants to the O's
Chantrey Vellacott DFK wish the Club and all
supporters a successful season**

For your growing business needs contact

Mark Lamb on 0171 509 9000

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COLCHESTER UNITED v LEYTON ORIENT

Coca-Cola League One

Sunday December 28 2008. Kick-off 3pm

TICKETS for this match are now on general sale.

	Block 1	Blocks 2 & 4	Block 3	Block 5
Adults	£20	£22	£24	£20
Senior/U18	£13	£15	£16	£13
Under 16	N/A	N/A	N/A	£8
Under 11	N/A	N/A	N/A	£5
Disabled Without Carer	£13	£15	£16	N/A

HOW TO GET THERE

BY ROAD: Exit the A12 at the A120 junction, signposted Harwich/Clacton and Colchester North - A1232. Immediately fork left towards Colchester - A1232. At roundabout take the exit signed A12 London/Colchester Business Park and turn immediately left into Colchester Business Park. At the first roundabout turn right into The Crescent, then at the next roundabout turn right into Severalls Lane (signposted Boxted). Turn left at the next roundabout into Axial Way and straight over the next roundabout into United Way.

BY RAIL: A free shuttle bus service to the stadium operates from Colchester station from 1pm. The last bus back to the station departs the stadium at 6pm.



LEICESTER CITY v LEYTON ORIENT

Coca-Cola League One

Saturday January 10 2009. Kick-off 3pm

TICKETS for this match are currently on sale to season ticket holders until close of business on Saturday January 3 2009.

Season ticket holders must submit Voucher H from their season ticket book and correct remittance to the Oliver Road Ticket Office either in person or by post with a stamped addressed envelope.

Any remaining tickets will go on general sale from Monday January 5 2009.

Tickets for this match are priced as follows:

Adults £23 - Seniors £21 - Under 22 / Students £15 - Under 16 £10 - Under 12 £5 - Under 8 £3

Six wheelchair disabled and carer tickets are also available at the above rates with the carer free of charge.

Ambulant disabled are also charged at the same rate with a carer free of charge.

HOW TO GET THERE

BY ROAD: Leave the M1 at junction 21 and take the A5460 towards Leicester city centre. Continue along this road until you pass under a railway bridge. 200 yards from here turn right at the traffic lights into Upperton Road (signposted Royal Infirmary). Go over the bridge and take the first right down Western Boulevard. The Walkers Stadium will be on the right hand side

BY RAIL: The Walkers Stadium is a 20 minute walk from Leicester station.



Home tickets are available

IN PERSON: At the West Stand Ticket Office

TELEPHONE: 0871 310 1883

ONLINE: www.leytonorient.com

Coca Cola League One

LEYTON ORIENT v SHEFFIELD UNITED

FA Cup sponsored by E.ON Third Round

Saturday January 3 2008. Kick Off 3pm

Prices for this match are as follows:

NORTHSTAND...

Adults	£20
Concessions	£13
Under 16s	£5
Under 11s	Free
(if reserved in advance)	

TOMMY JOHNSTON STAND...

Adults	£20
Concessions	£13

WESTSTAND...

Adults	£22
Concessions	£14

GALLERY...

Adults	£35
Concessions	£25
Platinum Package	£75
Gold Package	£55



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&
A Sucessfull 2009



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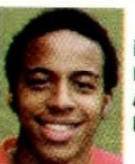
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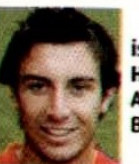
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MEMORABLE MATCH...

This afternoon's two clubs have met on 68 previous occasions including a number of cup clashes. The O's, who have prevailed in 23 matches whilst 21 contests have been drawn, have netted 80 goals in contrast to the Robins 95 in total.

The first meeting was back in on January 14 1927 when the teams were paired in a Third Round FA Cup clash that saw Swindon progress with a 2-1 home win whilst the first League meetings occurred two seasons later when the O's recorded a 2-1 Christmas Day success before the teams returned to Wiltshire for a goalless encounter on Boxing Day.

The next seven matches between the two teams though provided a goal fest for the supporters as 39 goals were scored including a 5-1 victory for Swindon in 1930/31 and a 4-2 win for Orient the following season. A thumping 7-1 win was recorded at Lea Bridge on January 21 1933 with Wally Keen, Tommy Mills and Charlie Fletcher all bagging a brace whilst Andy Thompson completed the rout for the home side.

'A THUMPING 7-1 WIN WAS RECORDED AT LEA BRIDGE ON JANUARY 21 1933 WITH WALLY KEEN, TOMMY MILLS AND CHARLIE FLETCHER ALL BAGGING A BRACE'

The Robins heaviest victory is their 5-0 win in October 1963 and they also recorded another 5-1 success, this time back in November 1966. Having met in the Fourth Division in the 1985/86 season when Swindon took revenge for a 1-0 defeat at Brisbane Road on November 30 by gaining a 4-1 win at their County Ground home, that proved to be the final time the clubs were to face each other in League battle until last season.

They did not lose contact though, meeting up on five occasions in various cup competitions in those intervening years. Those provided Orient with just one victory when they progressed into the Second Round of the 1999/2000 League Cup competition on a 2-1 aggregate after winning 1-0 at Swindon.

October 15 1955

LEYTON ORIENT 4

(Heckman, Facey 3)

SWINDON TOWN 0

A hat-trick from Ken Facey, after Ron Heckman had opened the scoring delighted the majority of the 14,173 fans as the O's retained their unbeaten home record by recording their sixth successive home win of the season.

The previous week they had slumped to a 3-0 reverse at Newport County where Tommy Johnston had notched the hat-trick that was to ultimately persuade manager Alec Stock to lure the legendary centre-forward to Brisbane Road some three months later.

Orient dictated from the start as the bottom of the table visitors, who had conceded 31 goals in 14 League matches

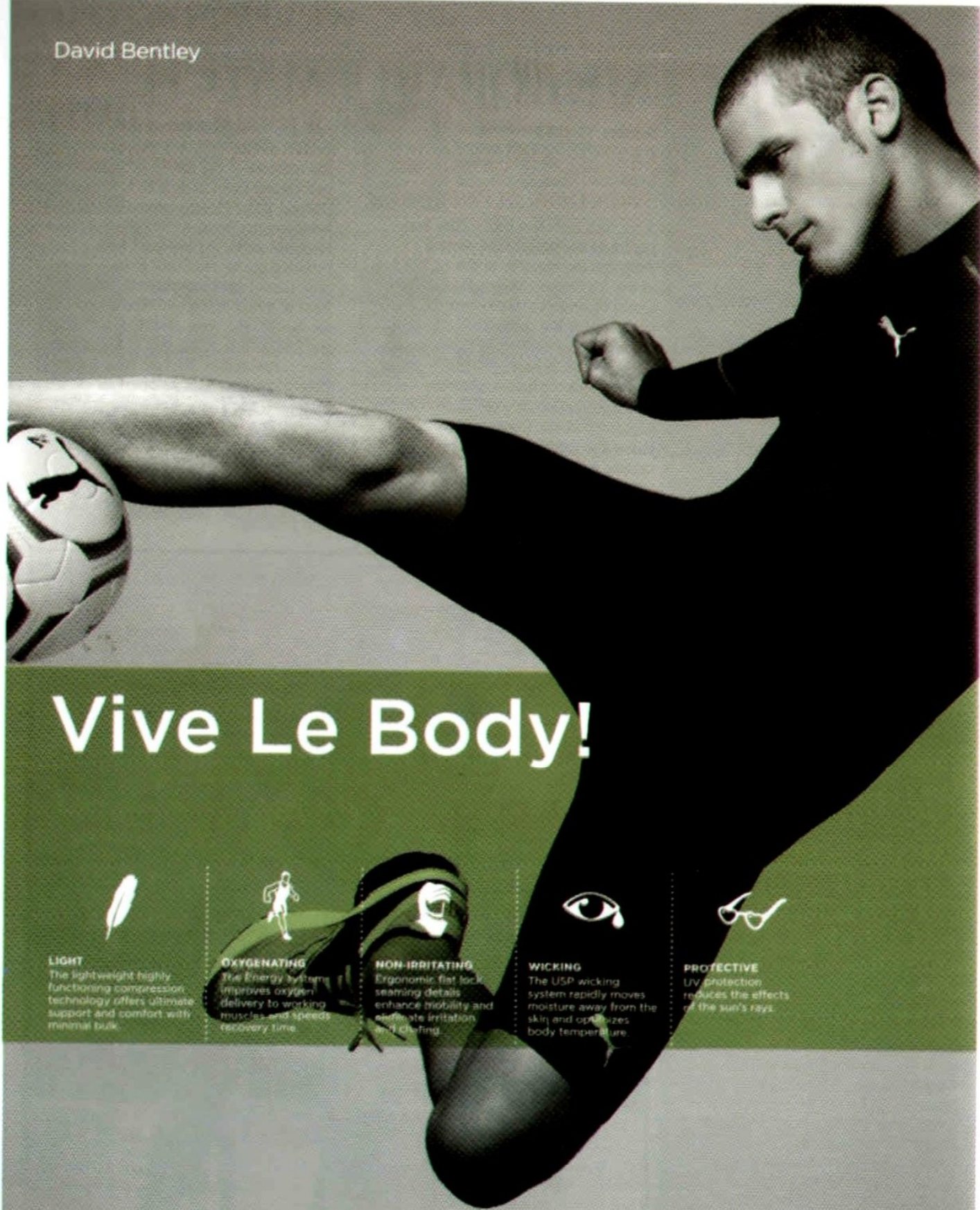
with just nine goals for, struggled to contain a rampant outfit eager to wipe out the memory of the defeat in Wales that had caused them to drop to fourth place in Division Three (South) behind pacesetters Northampton Town. A clinical finish from Heckman broke the deadlock before Facey recorded the first hat-trick of his professional career to prove the influential force in a convincing and comfortable win for the O's who were destined to carry off the League title at the end of the season.

Orient: Pat Welton, Jim Lee, Stan Charlton, Peter McMahon, Stan Aldous, Phil McKnight, Ken Facey, Phil Woosnam, Vic Groves, Ron Heckman, Johnny Hartburn.

Swindon Town: Sam Burton, George Hunt, Geoff Fox, Tony McShane, George Hudson, Henry (Slacker) Williams, Dave Gibson, Roy Onslow, Maurice Owen, Andy Micklewright, Bob Edwards.



David Bentley



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I'D LIKE to extend my own warm welcome to the players of Swindon today, which isn't something I usually do before a game unless it's a meaningless end-of-season fixture and the sun's out.

I spent an interesting afternoon over at their place a few months back, however, on behalf of a publication who you'll notice are sponsoring the side this season, and are running regular features on the ins and outs of the club. The plan that particular month was to explore the life of a League One footballer, and it proved quite enlightening.

It's easy to lump footballers into one big, flashy pot but it became obvious as the interviews progressed that the day-to-day doings of most lower-league players are nothing like those of the Baby Bentley-buying big boys, and the financial worries sounded all-too familiar. Their average wage may be a fair bit higher than ours, and the hours better too, but then our careers hopefully aren't destined to end abruptly before the age of 40 (well, unless any E10 readers happen to be pop singers.)

It became quite an awkward question to ask actually, "what are you going to do when you finish," as you've never seen a footballer's face become a grimace so quickly, even when hacked. A jobbing pro's life is a bit like the film *Logan's Run*, except that rather than be blown up by celestial fireworks at the age of 30 they start looking into coaching badges.

reckoned he might start up a restaurant, back home in Slovakia, rather than Swindon.

Former 'O' Craig Easton, on the other hand, also dreaded the thought of finishing but had come up with quite a few potential career options. A bit of coaching, if not managing; journalism, via the FA's media course; and one slightly odder idea - gardening, so he could carry on working outdoors. Don't be surprised to spot the Scot forking turf at a ground near you in the not-too-distant future.

Best of all though was striker-turned-midfielder Lee Peacock, who at 32 is actively thinking about retirement and has some even more unusual career paths up his sleeve.

Peacock spends so much time playing on the PS3 that he's hoping to turn the hobby into a career - as a tester of football games, ideally, given his expertise in both areas. If not, he quite fancies becoming a referee, via the FA's fast-track course.

There are a few drawbacks to the latter role, of course. He'd still have to work on Boxing Day.

"WHAT ARE YOU GOING TO DO WHEN YOU FINISH," AS YOU'VE NEVER SEEN A FOOTBALLER'S FACE BECOME A GRIMACE SO QUICKLY...

Before that, it's clearly the last thing they want to think about. 26 year-old defender Kevin Amankwaah admitted that he hadn't "got a Scooby Doo" what he was going to do after football, despite battling serious injury for a few years. Open a shop, perhaps. Goalkeeper Peter Brezovan looked fairly flummoxed too, but



COMING SOON...

FOLLOWING this afternoon's game against Swindon Town, we travel to Colchester United on Sunday for another Coca-Cola League One clash, before returning here on Saturday January 3, when Sheffield United are the visitors for an FA Cup third round game.

The Blades are currently well-placed in the Championship, looking to win promotion back to the Premier League.

It's our first home draw in the competition this season, after winning at Colchester United and Bradford City to book our place in the third round.

LOFC ROLL CALL 08/09...

	League			FA Cup			Lge Cup			JPT			O's Career			All-Time		
	A	S	G	A	S	G	A	S	G	A	S	G	A	S	G	A	S	G
Glenn Morris	21	0	0	2	0	0	1	0	0	0	0	0	126	3	0	126	3	0
Stephen Purses	20	0	1	2	0	0	1	0	0	0	1	0	60	4	2	308	28	14
Danny Granville	11	0	0	2	0	1	1	0	0	0	0	0	14	0	1	355	57	22
Alton Thelwell	16	1	0	1	0	0	0	1	0	0	0	0	72	5	1	120	20	2
Tamika Mkandawire	12	0	2	1	0	0	1	0	0	0	0	0	54	0	5	117	0	10
Brian Saah	13	0	0	1	0	0	1	0	0	2	0	0	93	14	2	93	14	2
JJ Melligan	16	4	2	2	0	0	1	0	0	1	0	1	50	12	6	238	29	39
Adam Chambers	21	0	1	2	0	0	1	0	0	2	0	1	115	3	9	175	27	10
Wayne Gray	2	1	0	0	0	0	0	0	0	0	0	0	52	11	16	189	122	60
Sean Thornton	8	4	0	2	0	0	0	1	0	0	0	0	34	15	3	138	75	18
Dean Morgan	7	6	1	1	1	0	0	0	0	0	0	0	8	7	1	126	122	26
Jamie Jones	0	0	0	0	0	0	0	0	0	2	0	0	2	0	0	2	0	0
Simon Dawkins	2	8	0	0	1	0	0	0	0	2	0	0	4	9	0	4	9	0
Solomon Shields	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	1	0
Andrew Cave-Brown	4	1	0	0	0	0	0	0	0	2	0	0	6	1	0	7	2	0
Paul Terry	13	0	1	0	1	0	1	0	0	1	1	0	61	5	1	204	32	14
Adam Boyd	20	1	7	2	0	0	1	0	1	0	2	2	67	8	27	198	83	93
Aiden Palmer	7	3	0	0	0	0	0	1	0	2	0	0	50	6	0	50	6	0
Jason Demetriou	20	0	2	2	0	2	1	0	0	2	0	0	67	31	10	67	31	10
Loick Pires	0	3	0	0	0	0	0	0	0	1	0	0	1	4	0	1	4	0
Bradley Gray	0	0	0	0	0	0	0	0	0	0	1	0	0	1	0	0	1	0
Ryan Jarvis	9	10	0	0	2	0	1	0	0	2	0	2	26	12	8	61	49	16
Harry Baker	0	0	0	0	0	0	0	0	0	1	0	0	1	0	0	1	0	0
Luke Ashworth*	1	2	0	0	0	0	0	0	0	2	0	0	3	2	0	3	2	0
Jack Jeffery*	0	1	0	0	0	0	0	0	0	0	0	0	0	1	0	0	1	0
Sam Parkin	8	1	0	1	0	0	0	0	0	0	0	0	9	1	0	240	45	101
Jordan Spence	0	0	0	1	0	0	0	0	0	0	0	0	1	0	0	1	0	0

* Player no longer with the club

LEAGUE TABLE 08/09...

Team	P	W	D	L	F	A	W	D	L	F	A	GD	Pts
1. Leicester	21	8	2	1	20	6	6	3	1	20	11	23	47
2. MK Dons	21	7	0	4	20	11	7	1	2	24	11	22	43
3. Millwall	21	8	2	1	16	9	5	2	3	16	15	8	43
4. Scunthorpe	21	5	3	2	21	15	6	2	3	18	13	11	38
5. Stockport	21	4	4	3	15	12	6	3	1	18	8	13	37
6. Oldham	21	6	4	1	24	11	4	3	3	14	15	12	37
7. Peterborough	21	6	3	1	23	11	4	4	3	15	16	11	37
8. Tranmere	21	7	1	3	20	12	3	2	5	9	14	3	33
9. Leeds United	21	6	1	3	22	13	4	1	6	13	16	6	32
10. Huddersfield	21	4	3	4	16	16	5	2	3	14	15	-1	32
11. Hartlepool	21	5	4	2	25	17	3	1	6	8	14	2	29
12. Northampton	21	5	4	2	16	10	2	3	5	15	19	2	28
13. Walsall	21	5	0	5	18	18	3	4	4	13	14	-1	28
14. Southend	21	5	2	3	13	10	2	4	5	15	25	-7	27
15. Bristol Rovers	21	5	2	3	22	14	1	5	5	17	22	3	25
16. Colchester	21	2	3	6	10	13	5	1	4	22	22	-3	25
17. Leyton Orient	21	2	3	5	8	14	3	4	4	9	12	-9	22
18. Yeovil	21	2	5	3	12	14	3	2	6	8	17	-11	22
19. Carlisle	21	5	1	4	19	15	1	2	8	7	21	-10	21
20. Swindon	21	3	3	5	18	21	1	5	4	14	18	-7	20
21. Brighton	21	2	4	4	14	17	2	4	5	10	15	-8	20
22. Cheltenham	21	4	3	4	13	15	1	1	8	9	27	-20	19
23. Hereford	21	3	3	4	10	9	1	1	9	4	23	-18	16
24. Crewe	21	3	2	5	13	18	0	2	9	9	25	-21	13

OPPOSITION

	RES	POS	ATT
Sat Aug 9 Hereford United H	W2-1	9th	4,727 (80%)
Tue Aug 12 Ipswich Town A CC1	L1-4	-	10,477 (83%)
Sat Aug 16 Peterborough United A	L0-3	16th	6,643 (89%)
Sat Aug 23 Carlisle United H	D0-0	14th	3,803 (60%)
Sat Aug 30 Brighton & Hove Albion A	D0-0	16th	6,675 (34%)
Tue Sep 2 Southend United A JPT1	W4-2	-	3,499 (48%)
Sat Sep 6 Walsall A	W2-0	9th	4,838 (37%)
Sat Sep 13 Stockport County H	L0-3	13th	4,473 (45%)
Sat Sep 20 Leicester City H	L1-3	17th	6,448 (2,500)
Fri Sep 26 Southend United A	L0-3	18th	9,261 (1,777)
Sat Oct 4 Scunthorpe United H	D2-2	19th	4,244 (66%)
Tue Oct 7 Brighton & HA A JPT2	D2-2*	-	2,157 (95%)
Sat Oct 11 Bristol Rovers A	L1-2	20th	6,425 (27%)
Sat Oct 18 Tranmere Rovers H	L0-1	21st	5,568 (35%)
Tue Oct 21 Leeds United A	L1-2	22nd	18,990 (27%)
Sat Oct 25 Yeovil Town A	D0-0	22nd	4,320 (19%)
Tue Oct 28 Milton Keynes Dons H	L1-2	22nd	3,869 (57%)
Sat Nov 1 Hartlepool United H	W1-0	21st	3,638 (29%)
Sat Nov 8 Colchester United A FAC1	W1-0	-	4,600 (1,154)
Sat Nov 15 Crewe Alexandra A	W2-0	19th	3,872 (25%)
Sat Nov 22 Millwall H	D0-0	20th	6,951 (2,020)
Tue Nov 25 Huddersfield Town A	W1-0	17th	10,414 (129%)
Sat Nov 29 Bradford City A FAC2	W2-1	-	5,065 (40%)
Sat Dec 6 Northampton Town A	D1-1	18th	5,039 (71%)
Sat Dec 13 Cheltenham Town H	L1-2	18th	4,510 (25%)
Sat Dec 20 Oldham Athletic A	D1-1	17th	6,839 (15%)
Fri Dec 26 Swindon Town H			
Sun Dec 28 Colchester United A			
Sat Jan 3 Sheffield United H FAC3			
Sat Jan 10 Leicester City A			
Sat Jan 17 Bristol Rovers H			
Sat Jan 24 Scunthorpe United A			
Tue Jan 27 Milton Keynes Dons A			
Sat Jan 31 Yeovil Town H			
Tue Feb 3 Leeds United H			
Sat Feb 7 Tranmere Rovers A			
Sat Feb 14 Crewe Alexandra H			
Sat Feb 21 Hartlepool United A			
Sat Feb 28 Hereford United A			
Tue Mar 3 Peterborough United H			
Sat Mar 7 Brighton & Hove Albion H			
Tue Mar 10 Carlisle United A			
Sat Mar 14 Stockport County A			
Sat Mar 21 Walsall H			
Sat Mar 28 Oldham Athletic H			
Sat Apr 4 Cheltenham Town A			
Sat Apr 11 Colchester United H			
Mon Apr 13 Swindon Town A			
Sat Apr 18 Northampton Town H			
Sat Apr 25 Millwall A			
Sat May 2 Huddersfield Town H			
TBA Southend United H			

* Lost 5-4 on penalties

1. Glenn MORRIS (GK)	2. Stephen PURCHES	3. Danny GRANVILLE	4. Alfie THIELWELL	5. Tamika MUKANDAVIRE	6. Brian SAHJ	7. JJ MELLIGAN	8. Adam CHAMBERS	9. Wayne GRAY	10. Sean THORNTON	11. Dean MORGAN	12. Jamie JONES (GK)	14. Simon DAWKINS	15. Solomon SHIELDS	16. Andrew CAVE-BROWN	17. Paul TERRY	18. Adam BOYO	19. Aiden PALMER	20. Jason DEMETRIOU	21. Loick PIRES	22. Bradley GRAY	23. Ryan JARVIS	24. Harry BAKER	25. Luke ASHWIN	27. Jack JEFFERY	28. Jordan SPENCE
P	P	P		P	P	PG	P	S23	S17		S				P	PG ^r	S	P	S18		P				
P	P	P	S5	P	P	P	P	S	S17		S			S	P	PG	S3	P	S		P				
P	P	P	S	P	P	P	P	P	P			S9			S	P	S3	P			S7				
P	P	P	P		P		P	P			S	S9			P	P	S3	P	S23		P		S		
P	P		P		P	S14	P				S	P		S	P	P	P	P	S		P		S		
S	S				P	PG	PG				P	P		P	S21	S14G ^r	P	P	P	S20	PG		P		
P	P		P		P	P	P				S			S	PG	PG ^r	P	P	S	S	P		S		
P	P		P		P	P	P				S			S	P	P	P	P	S23		P		S4	S7	
P	P		P		P	P	PG			S7	S			S	P	P	P	P			P		S	S	
P	P		P		P	P	P			S17	S	S18		S19	P	P	P	P			P		S		
P	PG				P	P	P				S	P		P	P	PG	S16	P		S	S14		S		
S	S16				P		P				P	P	S	P	P	S14G ^r	P	P	S	PG	P	P			
P	P		P		P	P	P			S7	S	S23		P	P	P		P			P		S16		
P	P		P	S	P	S17	P		S11	P	S	S23		P	P	P		P			P		P		
P	P		P	P	S	P	P		S20	PG	S	S18			P	P	P	P			S11				
P	P	P	P	P	S	S18	P		S	P	S				P	P		P			S27		P		
P	P	P	P	PG	S	S11	P		S17	P	S				P	P	P	P			S18		P		
P	P	P		P	P	P	P		P	P	S	S			S	S27G		P				S	P		
P	P	P	S	P	P	P	P		P	S7	S	S			S18	P	S	PG			S8		P		
P	P	P	S6	PG	P	P	P		P	S	S				S	PG		P			S		P		
P	P	P	P	P		P	P		P	S27	S	S7		S		P		P			S18		P		
P	P	P	P	P		P	P		P	S7		S18		S		PG		P			S		P	S	
P	P	PG	P		P	P	P		P	P	S	S11		S	S	P	S	PG	S		S18		P		
P	P		P	P		PG	P		P	P	S				S	P	P	P			S7		S11	S	
P	P	P	P	P	S	P	P		P	P	S				S	PG ^r					S3		P	S	
P		P	P	P	S	P	P		P	S27				P	S	P		PG			S18		P	S	



TODAY'S OFFICIALS...

Referee:

Jarnail Singh (Middlesex)

Assistant Referee:

Carl Berry (Surrey)

Assistant Referee:

Harry Lennard (East Sussex)

Fourth Official:

Keith Yeo (Essex)

FIXTURES 26/12/08...

Brighton & Hove Albion v Colchester United

Bristol Rovers v MK Dons

Carlisle United v Huddersfield Town

Crewe Alexandra v Oldham Athletic

Hereford United v Tranmere Rovers

Leeds United v Leicester City

Leyton Orient v Swindon Town

Peterborough United v Millwall

Scunthorpe United v Hartlepool United

Southend United v Northampton Town

Walsall v Stockport County

Yeovil Town v Cheltenham Town

NEXT UP...

COLCHESTER UNITED v LEYTON ORIENT

Sunday December 28 2008

At Weston Homes Community Stadium

Coca-Cola League One

Kick-off 3pm

LAST FIVE RESULTS...

Leyton Orient:

13/12/08 - Cheltenham Town (h) L 1-2

6/12/08 - Northampton Town (a) D 1-1

29/11/08 - Bradford City (a) W 2-1

25/11/08 - Huddersfield Town (a) W 1-0

22/11/08 - Millwall (h) D 0-0

Swindon Town:

13/12/08 - Crewe Alexandra (a) L 0-1

6/12/08 - Carlisle United (h) D 1-1

29/12/08 - Walsall (a) L 1-2

25/11/08 - Peterborough Utd (h) D 2-2

22/11/08 - Bristol Rovers (a) D 2-2



LEYTON ORIENT

Manager: Martin Ling

Colours: Red & White

- ☐ 1. Glenn MORRIS
- ☐ 2. Stephen PURCHES
- ☐ 3. Danny GRANVILLE
- ☐ 4. Alton THELWELL
- ☐ 5. Tamika MKANDAWIRE
- ☐ 6. Brian SAAH
- ☐ 7. JJ MELLIGAN
- ☐ 8. Adam CHAMBERS
- ☐ 9. Wayne GRAY
- ☐ 10. Sean THORNTON
- ☐ 11. Dean MORGAN
- ☐ 12. Jamie JONES
- ☐ 14. Simon DAWKINS
- ☐ 15. Solomon SHIELDS
- ☐ 16. Andrew CAVE-BROWN
- ☐ 17. Paul TERRY
- ☐ 18. Adam BOYD
- ☐ 19. Aiden PALMER
- ☐ 20. Jason DEMETRIU
- ☐ 21. Loick PIRES
- ☐ 22. Bradley GRAY
- ☐ 23. Ryan JARVIS
- ☐ 24. Harry BAKER
- ☐ 27. Sam PARKIN
- ☐ 28. Jordan SPENCE



SWINDON TOWN

Caretaker Manager: David Byrne

Colours: Blue & White

- ☐ 1. Phil SMITH
- ☐ 2. Jack SMITH
- ☐ 3. Jamie VINCENT
- ☐ 4. Michael TIMLIN
- ☐ 5. Jerel IFIL
- ☐ 6. Hasney ALJOFREE
- ☐ 8. Craig EASTON
- ☐ 9. Barry CORR
- ☐ 10. Jon-Paul MCGOVERN
- ☐ 11. Anthony MCNAMEE
- ☐ 12. Peter BREZOVAN
- ☐ 13. Mark SCOTT
- ☐ 14. Patrick KANYUKA
- ☐ 15. Kevin AMANKWAH
- ☐ 16. Kasali YINKA CASAL
- ☐ 17. Lilian NALIS
- ☐ 18. Mark MARSHALL
- ☐ 19. Michael POOK
- ☐ 20. Billy PAYNTER
- ☐ 21. Blair STURROCK
- ☐ 23. Ben JOYCE
- ☐ 24. Chris ALLEN
- ☐ 25. Sean MORRISON
- ☐ 27. Tom EVANS
- ☐ 28. Jake HYDE
- ☐ 29. Sam MORRIS
- ☐ 30. Callum KENNEDY
- ☐ 31. Simon FOX
- ☐ 32. Lee PEACOCK

SAFETY INFORMATION

THE expertise and experience of safety stewards, police, doctors and members of the St John Ambulance are vital ingredients in the safety management of the Matchroom Stadium. However, the successful implementation of this plan depends to a very large extent on the cooperation of you the spectator.

Please contact a steward if you have any worries over a matter of safety, concerns about the behaviour of other supporters or if you need help with ticketing or finding your way around the stadium. As Stadium Manager I would like to draw your attention to a number of key issues.

FIRST AID

There is a first aid room located under the Kitchen Court flats between the North and East Stands. These are manned by members of the St John Ambulance and cater for most types of injury or illness. Should you require medical attention ask either the nearest steward or a member of St John who are located throughout the ground.

There is also a club doctor in the stadium for all fixtures and, for fixtures with crowds of over 5,000, the London Ambulance Service are also in attendance.

PERSISTENT STANDING

The Matchroom Stadium is an all-seater stadium and standing during matches or other events is not permitted. Spectators should remain seated at all times and not obstruct the view of others.

LOST PROPERTY

Stewards will ensure that any lost property is taken to a secure storage location. If you wish to claim property you believe to be lost in the stadium please ask the nearest steward or telephone the club on 0871 310 1881.

FACILITIES FOR DISABLED SUPPORTERS

Viewing areas for wheelchair users and dedicated toilet facilities are available throughout the ground. Disabled toilets are located on each concourse and all have emergency alarms.

The club provides a dedicated steward whose sole responsibility is the welfare of our disabled supporters and he visits all disabled areas regularly throughout the course of an event.

PROHIBITED ITEMS

Leyton Orient has a legal obligation to deny entry to the stadium to anyone carrying cans, bottles, glasses or containers of any description. Other prohibited items are clearly displayed at each turnstile block.

Spectators bringing such items will have them confiscated and these cannot be returned – they are given up as a condition of entry.

PLEASE DO NOT SMOKE

The Matchroom Stadium is a non-smoking venue. Spectators are requested not to smoke at any time in public areas and safety stewards are authorised to ask any person found smoking to leave the stadium.

LICENSED BARS/FOOD OUTLETS

There are many bars and food outlets open to the public here at the Matchroom Stadium.

For these outlets to operate safely and effectively it is critical that all persons making use of them move away from the bar and counter area immediately after purchases have been made.

Supporters are reminded that it is a criminal offence to consume alcohol within sight of the pitch and any supporter attempting to carry alcohol into the stands faces possible ejection and arrest.

EMERGENCY EVACUATION

In the event of an emergency within the stadium which requires there to be any form of evacuation, a tannoy announcement preceded by an audible tone will be made.

Supporters should then follow the instructions given to them by the safety stewards and, in the event of an evacuation, should make their way to the nearest exit gate.

PLAYING SURFACE

Supporters are reminded that at no time are they permitted to enter the field of play. Any supporter who encroaches onto the pitch will be ejected from the ground and arrested.

I hope you enjoy your visit to the Matchroom Stadium.

Chris Baker, Stadium Manager

PLEASE NOTE

If you witness any anti-social behaviour in the stadium, such as swearing or racism, please text 07776 228 298 to inform the Chief Safety Officer anonymously.



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